

VERDANT HEALTH COMMISSION  
PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
BOARD OF COMMISSIONERS  
Regular Meeting  
A G E N D A  
November 16, 2016  
8:00 a.m. to 9:45 a.m.

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	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order	---	8:00	---
B. Approval of the Minutes			
a) October 26, 2016 Board Meeting	Action	8:01	1-6
b) November 9, 2016 Special Board Meeting	Action	8:02	7
C. Executive Committee Report	Information	8:05	---
D. Executive Session			
a) Evaluate qualifications of applicants for public employment	Information	8:10	---
E. Superintendent Appointment			
a) Introduce Resolution 2016:09 - Appointing new Superintendent of the District and Removing Carl Zapora as Superintendent of the District	Information	8:25	8-10
F. Finance Committee Report			
a) Financial statements and cash activity	Information	8:30	11-14
b) Authorization for payment of vouchers and payroll	Action	8:35	15
G. Program Committee Report & Recommendations			
a) Conflicts of Interest	Action	8:38	---
b) Program Investment Recommendations	Action	8:40	16-20
c) Sandra Huber, Community Wellness Outreach Specialist	Presentation	8:55	---
d) Verdant Community Wellness Center activities update	Information	9:15	21-22
H. Marketing Report	Information	9:20	---
I. Superintendent's Report	Information	9:25	---
J. Public Comments (please limit to three minutes per speaker)	---	9:30	---
K. Commissioner Comments	---	9:35	---
L. Adjournment	---	9:45	---

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON  
VERDANT HEALTH COMMISSION

*BOARD OF COMMISSIONERS*

*Regular Meeting*

*Verdant Community Wellness Center*

**October 26, 2016**

<b>Commissioners Present</b>	Deana Knutsen, Commissioner J. Bruce Williams, M.D., Commissioner Bob Knowles, Commissioner Karianna Wilson, Commissioner (8:05 a.m. arrival)
<b>Commissioners Excused</b>	Fred Langer, President
<b>Others Present</b>	Carl Zapora, Superintendent George Kosovich, Assistant Superintendent & Program Director Jennifer Piplic, Marketing Director Lisa King, Finance Director Sue Waldin, Community Wellness Program Manager Sandra Huber, Outreach Specialist Karen Goto, Executive Assistant Members of the community
<b>Guests</b>	Ed Rogan, Waldron Elizabeth Parker, PhD. Snohomish Health District
<b>Call to Order</b>	The Regular Meeting of the Board of Commissioners of Public Hospital District No. 2, Snohomish County, was called to order at 8:03 a.m. by Commissioner Knutsen.
<b>Approval of Minutes</b>	<i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the regular meeting on September 28, 2016. <i>Motion was made, seconded and passed unanimously to approve</i> the minutes of the special board meeting on October 11, 2016.
<b>Executive Committee</b>	Commissioner Knutsen reported that the Executive Committee met on October 21, 2016 to review the October 26, 2016 board meeting agenda and to discuss adding a regular monthly board meeting for December 2016 to the 2016 meeting schedule for the purpose of the appointment of the Superintendent. This appointment is introduced at a regular meeting

and adopted at a subsequent regular meeting by majority vote as defined in the PHD2 Bylaws.

***Motion was made, seconded and passed unanimously to approve*** the addition of a monthly board meeting in December 2016 (E:64:16)

**Superintendent  
Search Update**

Mr. Ed Rogan of Waldron provided an update to the commissioners that three candidates are in the process of meeting with the commissioners and background and reference checks are being done on the candidates.

**Board Finance  
Committee**

The committee met on October 11, 2016. Ms. King reviewed the financial statements and cash activity for September 2016 (E:65:16). Warrants called out include #11873 to the United States Postal Service for \$12,731.44 for the mailing of The Canopy newsletter to district households and Warrant #11858 to Foster Pepper for \$14,213.00 for February 2016 legal fees. There were also 3 pay periods in the month of September and a tax levy deposit of \$14,256.14.

**Authorization  
for Payment of  
Vouchers &  
Payroll**

Warrant Numbers 11841 through 11876 for September 2016 for payment in the amount of \$76,272.05 were presented for approval (E:66:16). ***Motion was made, seconded and passed unanimously to approve.***

**Public Hearing  
on 2017 Budget  
& Revenue**

Commissioner Knutsen opened the public hearing on the proposed 2017 budget and revenue at 8:10 a.m. to hear from people who have comments regarding the proposed budget. She announced that no debate is allowed and each speaker is given 3 minutes to speak. Ms. Rowena Miller, a resident of Edmonds, expressed that the increase in property tax adds to a regressive tax as there is plenty of new construction and increased property valuations. She said that this tax is a burden to many. Commissioner Knutsen closed the budget hearing at 8:15 a.m.

**Resolution  
2016:06  
Adopting the  
2017 Property  
Tax Levy**

***Motion was made, seconded and passed unanimously to approve*** Resolution 2016:06 approving the dollar amount (\$21,142.85) and percentage increase (0.953%) in the District's regular property tax levy for calendar year 2017.

**Resolution  
2016:07  
Adopting the  
2017 Budget  
Program  
Oversight  
Committee  
Update**

***Motion was made, seconded and passed unanimously to approve*** Resolution 2016:07 approving and adopting the District's budget for calendar year 2017.

Dr. Elizabeth Parker of the Snohomish Health District presented the findings from the Needs Assessment (E:67:16). Commissioner Williams asked if Dr. Parker would present these findings to the Swedish Edmonds medical staff at their next meeting. Commissioner Williams was pleased that Verdant appears to have had an impact on the health of the district since 2011.

The Program Committee met on October 17, 2016 to review three new and two renewal applications for funding as well as review the Building Healthier Communities Fund applications (E:68:16).

No conflicts of interest were reported by any of the commissioners present.

**New or Reworked Applications:**

***Motion was made, seconded and passed unanimously to approve*** the Leukemia & Lymphoma Society Transportation Assistance Program in the amount of \$15,000 per year for three years.

***Motion was made, seconded and passed unanimously to approve*** the Edmonds School District/Alderwood Middle School Equipping Students to Thrive pilot project at \$50,000 per year for two years.

**Renewal Applications:**

***Motion was made, seconded and passed unanimously to approve*** Wonderland Developmental Center's Next Level Program at \$149,500 per year for three years.

**Follow-Up:**

The Program Committee is requesting follow-up from two organizations:

Puget Sound Kidney Center (PSKC) Chronic Kidney Disease Education & Prevention program and the Center for Human Services/Edmonds Family Medicine PCP and Behavioral Health Integration program

**Building Healthy Communities Fund applications:**

The Program Committee reviewed the three applications at their last committee meeting and did not make any recommendations to the board. Three possible funding scenarios were shared with the commissioners (page 48 of E:68:16) but no consensus was reached.

Commissioner Williams shared that he was interested in Option 1 where each of the three projects could be funded.

Commissioner Knowles commented that he was most interested in seeing Verdant's funds being used for direct program services rather than going to fund construction of bricks and mortar.

Commissioner Wilson agreed with Commissioner Knowles and added that she felt Verdant already spent a significant amount of its program funding budget on senior programs.

Commissioner Williams wondered whether we could use some of the information from the needs assessment to inform the decision. On the SeaMar project, he was most interested in increasing access and improving health promotion, rather than to support general clinic operations.

Several commissioners agreed that the health programs on the VOA project could use some clarification.

Commissioner Knutsen asked Mr. Kosovich to share this feedback with each of the applicants.

**Verdant  
Community  
Wellness  
Center Update**

See (E:69:16) for this month's report. Ms. Waldin reported that DSHS used the wellness center to provide training to social service providers in October 2016. The center was used to hold several sessions of "Getting to Goal" weight reduction classes.

**Marketing  
Report**

Ms. Piplic reported on two items:

1. The Canopy newsletter was delivered to district households during the week of October 17, 2016 and many classes are filling up (E:70:16).
2. The Verdant Healthier Community Conference will be held on Monday, February 27, 2017 at the Lynnwood Convention Center. Keynote speakers include Kevin Breel as the lunch time

speaker and Dr. Tony Iton as the breakfast speaker who we expect to formally confirm soon. Dr. Williams suggested that Elizabeth Parker of the Snohomish Health District should present their findings of the current Needs Assessment.

**Superintendent's Report**

Superintendent Zapora reported on six items:

1. Verdant is working on building up its reserves as well as spending on programs;
2. Dr. Gary Goldbaum of the Snohomish Health District is retiring in March 2017 and due to budget and staff cuts, the local jurisdictions are being asked to help with funding;
3. The board is to be commended for the results of the recent Needs Assessment;
4. Lynne Vea will be visiting the demo kitchen at the Verdant Community Wellness Center on October 27, 2017 and board members are invited to join the visit;
5. Ankrom Moisan is doing a feasibility study of the Value Village property for long-term planning purposes and the results of this study will be presented at the November 2016 regular board meeting;
6. Healthcare Realty will no longer manage the Kruger Clinic and the Verdant Community Wellness Center. Interviews for a replacement property management company are being conducted.

**Public Comments**

Mr. Farrell Fleming of the Edmonds Senior Center encouraged the board to think again about the capital portion of programs as capital grants are vital and should not be underestimated.

Ms. Rowena Miller of the League of Women Voters asked how the property tax levy could be passed by the board without any discussion. Commissioner Knutsen informed her that discussion was done at a special board meeting on October 11, 2016. Ms. Miller said she feels the board should bank the money and not spend it in order to not put a tax burden on so many people.

**Commissioner  
Comments**

Commissioner Williams commented on the Needs Assessment findings of an increase in life expectancy of two or more years, the drop in infant mortality and the drop in hospitalization rate for district residents from 2011 to 2015.

Commissioner Knutsen commented that she attended a housing and healthcare meeting with Verdant and the YWCA, and she commended the Verdant staff for their hard work. She commented that she understands the tax burden issue, but knows that Verdant is helping the community and not just giving away money.

**Executive  
Session**

Commissioner Knutsen adjourned the regular meeting at 9:20 a.m. into Executive Session to evaluate qualifications of applicants for the Superintendent position. Commissioner Knutsen stated that no action would be taken and the session should last 25 minutes at which time the board would reconvene into open session.

**Open Session**

The board reconvened into Open Session at 9:41 a.m.

**Adjourn**

There being no further business to discuss, the meeting was adjourned at 9:46 a.m.

**ATTEST BY:**

\_\_\_\_\_  
President

\_\_\_\_\_  
Secretary

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON

SPECIAL MEETING

November 9, 2016

8:00 a.m.

Verdant Community Wellness Center Cedar Room

**Commissioners  
Present**

Fred Langer, President  
Deana Knutsen, Secretary  
J. Bruce Williams, MD, Commissioner  
Bob Knowles, Commissioner  
Karianna Wilson, Commissioner (8:15 a.m. arrival)

**Staff**

Carl Zapora  
Lisa King  
Karen Goto

**Guests**

Ed Rogan, Waldron

**Call to Order**

The Special Meeting of the Board of Commissioners was called to order by President Langer at 8:10 a.m.

**Resolution 2016:08  
Surplus Assets for Swedish  
Edmonds Pharmacy**

***Motion was made, seconded and passed  
unanimously to approve*** Resolution 2016:08  
determining certain personal property to be surplus  
and no longer required for public hospital district  
purposes and authorizing the Superintendent or  
designee to sell all or any part of such property on a  
negotiated basis upon the most favorable terms and  
conditions obtainable or to otherwise dispose of such  
property and ratifying prior actions.

**Executive Session**

President Langer recessed the special board meeting at 8:12 a.m. into Executive Session to discuss qualifications of applicants for public employment. President Langer stated that the board would reconvene in 15 minutes and no action would be taken in Executive Session.

**Open Session**

The board reconvened into Open Session at 8:25 a.m.

**Adjourn**

There being no further business to discuss, the meeting was adjourned at 8:25 a.m.

**Attest By:**

\_\_\_\_\_  
President

\_\_\_\_\_  
Secretary



PUBLIC HOSPITAL DISTRICT NO. 2  
SNOHOMISH COUNTY, WASHINGTON  
RESOLUTION NO. 2016-09

A RESOLUTION of the Commission of Public Hospital District No. 2, Snohomish County, Washington (the "District"), appointing \_\_\_\_\_ as superintendent and removing Carl Zapora as superintendent of the District.

WHEREAS, RCW 70.44.070 requires the District to appoint a superintendent of the District (the "Superintendent"); and

WHEREAS, RCW 70.44.070 further requires that the Superintendent be appointed for an indefinite time and be removable at the will of the Commission; and

WHEREAS, RCW 70.44.070 further requires that appointments and removals of the Superintendent be done by a resolution of the Commission that is introduced at a regular meeting and adopted at a subsequent regular meeting of the Commission; and

WHEREAS, Carl Zapora was appointed as superintendent by Resolution No. 2011-02, which was adopted February 23, 2011, and Mr. Zapora has submitted his resignation to be effective upon the appointment of a new superintendent; and

WHEREAS, after conducting an extensive search, the Commission has selected \_\_\_\_\_ as the replacement for Mr. Zapora; and

WHEREAS, the Commission wishes to recognize Mr. Zapora's exemplary service as superintendent; and

WHEREAS, this resolution was introduced at a regular meeting of the Commission held on November 16, 2016; NOW, THEREFORE,

BE IT RESOLVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, that effective as January 1, 2017, \_\_\_\_\_ is hereby appointed as the superintendent and Carl Zapora is removed as superintendent.

ADOPTED AND APPROVED by the Commission of Public Hospital District No. 2, Snohomish County, Washington, at a regular open public meeting thereof this 14<sup>th</sup> day of December, 2016, and the following Commissioners being present and voting in favor of the adoption of the resolution.

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President and Commissioner

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Commissioner

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Commissioner

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Commissioner

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Secretary and Commissioner

I, the undersigned, Secretary of the Commission of Public Hospital District No. 2, Snohomish County, Washington, hereby certify that the attached copy of Resolution No. 2016-09 is a true and correct copy of the original resolution adopted on December 14, 2016, as that resolution appears on the Minute Book of the District.

DATED this 14<sup>th</sup> day of December, 2016.

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Deana Knutsen  
Secretary of the Commission

**Balance Sheet**  
As of October 31, 2016

	A	B	C	D
	Dec 31, 2015	Oct 31, 2016	\$ Change	Comments:
<b>1 ASSETS</b>				
<b>2 Current Assets</b>				
<b>3 Cash Balance</b>	2,928,196	2,647,714	(280,482)	
<b>4 Other Current Assets</b>	34,623,348	38,364,443	3,741,095	Includes Investments
<b>5 Total Current Assets</b>	37,551,544	41,012,157	3,460,612	
<b>6 Total Long-term &amp; Fixed Assets</b>	46,897,663	44,852,488	(2,045,175)	Includes Depreciation
<b>7 TOTAL ASSETS</b>	<b>84,449,208</b>	<b>85,864,645</b>	<b>1,415,437</b>	
<b>8 LIABILITIES &amp; EQUITY</b>				
<b>9 Liabilities</b>				
<b>10 Current Liabilities</b>	2,839,365	2,106,272	(733,093)	Includes BHCF
<b>11 Long-term Liabilities</b>	4,614,978	3,938,287	(676,691)	2012 LTGO Bonds/BHCF
<b>12 Total Liabilities</b>	7,454,343	6,044,559	(1,409,784)	
<b>13 Total Equity</b>	76,994,864	79,820,086	<b>2,825,221</b>	Annual Net Income
<b>14 TOTAL LIABILITIES &amp; EQUITY</b>	<b>84,449,208</b>	<b>85,864,645</b>	<b>1,415,437</b>	

**Profit & Loss**  
October 2016

	A	B	C	D	E	F
	Oct Actual	Oct Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)
<b>1 INCOME</b>						
<b>2 Ordinary Income</b>	861,968	862,157	(189)	8,415,161	8,435,944	(20,783)
<b>3 EXPENSES</b>						
<b>4 Operating Expenses</b>	165,728	214,428	48,699	1,730,222	2,019,296	289,074
<b>5 Depreciation Expense</b>	192,990	195,607	2,616	2,014,750	2,036,679	21,929
<b>6 Program Expenses</b>	406,920	523,000	116,080	4,238,539	5,915,000	1,676,460
<b>7 Total Expenses</b>	765,639	933,034	167,396	7,983,511	9,970,975	1,987,464
<b>8 OTHER INCOME/(EXPENSE)</b>						
<b>9 Total Other Income/(Expense)</b>	123,469	226,468	(102,999)	2,393,572	2,264,675	128,896
<b>10 NET INCOME</b>	<b>219,798</b>	<b>155,590</b>	<b>64,208</b>	<b>2,825,221</b>	<b>729,644</b>	<b>2,095,577</b>

**Monthly Highlights**  
October 2016

Verdant received dividends payments of \$46,730 and an unrealized loss of \$99,125 on our investment portfolio in October and closed with an ending market value of \$37,104,750.

Annual program commitments total \$6,493,746 and \$5,223,463 for 2016 and 2017, respectively. \$1,206,254 remains available to spend in 2016, of which \$34,587 is earmarked as Superintendent Discretionary.

Additional income of \$115,561 and expenses of \$67,355 from the Kruger Clinic were incurred, netting to an additional operating income of \$48,206 in October.

**Public Hospital District #2**

<b>Warrant Number</b>	<b>Transaction Date</b>	<b>Payee</b>	<b>Amount</b>	<b>Purpose</b>
<b>Warrant Activity:</b>				
11877	10/05/2016	Beth Rodriguez, LLC	182.69	Aug 2016 VHCC Support
11878	10/05/2016	City of Lynnwood	1,253.50	Sept 2016 After Hours Support (86hrs)
11879	10/05/2016	Comcast	272.04	Internet/Telephone
11880	10/05/2016	Consolidated Landscape Maintenance, Inc.	294.26	Fall/winter color change
11881	10/05/2016	Foster Pepper PLLC	14,827.00	Legal
11882	10/05/2016	Puget Sound Energy	50.27	Natural Gas
11883	10/05/2016	Sound Publishing, Inc.	42.00	Legal Notice 9/28 Board Meeting
11884	10/05/2016	ThyssenKrupp Elevator Company	807.17	10/1/16-12/31/16
11885	10/05/2016	Waldron	19,883.20	Payment 2 of 3
11886	10/05/2016	Corporate Security LLC	284.00	Oct 2016 Parking Lot Security
11887	10/05/2016	Yomira Vazquez	195.00	Childcare 9/23 & 9/30 (13 hours)
11888	10/05/2016	City of Lynnwood - Utilities	185.03	Water/Sewer/Storm
11889	10/12/2016	Ash Consulting	286.50	Accounting Consulting
11890	10/12/2016	Healthcare Realty	7,215.66	Property Management
11891	10/12/2016	Matt Sacks Speaks	4,950.00	Kevin Breele Keynote Speaker 1st installment
11892	10/12/2016	Armstrong Services	2,263.46	Sept 2016 Janitorial
11893	10/12/2016	Comcast	521.34	Internet/Telephone
11894	10/12/2016	Sandra S Huber	46.11	Reimbursement for Supplies for Promotoras Trainings
11895	10/12/2016	AmeriFlex Business Solutions	23.00	Oct 2016 FSA Administration
11896	10/12/2016	Dataworks	35.00	IT Support
11897	10/12/2016	League of Women Voters	750.00	Event Supporting Human Trafficking of Minors
11898	10/12/2016	Lynnwood Convention Center	3,109.50	Convention Center Deposit for VHCC 2/27/17
11899	10/12/2016	Shooby Doo Catering	924.06	Deposit for Catering for Carl's Retirement Party 12/8/16
11900	10/12/2016	Yomira Vazquez	120.00	Childcare 10/7 (8 hours) Promotoras Training
11901	10/19/2016	Bank of America - Trust	2,500.00	Annual trust fee for US Trust for Jon Smiley Account
11902	10/19/2016	Consolidated Press Printing Company, Inc	10,186.67	Canopy Fall 2016 Printing and mail prep
11903	10/19/2016	The StayWell Company, LLC	3,000.00	Qtr Payment for health content on website & publication
11904	10/19/2016	WA Department of Revenue	21,778.29	Q3 2016 Leasehold Excise tax return
11905	10/19/2016	Sound Dietitians	1,145.15	WC 129 - Lifestyle Change Check-in 9/6,20, Cooking Classes 9/22,28,29 plus foo
11906	10/19/2016	Consolidated Landscape Maintenance, Inc.	136.15	Fall irrigation shut off
11907	10/19/2016	Discovia	536.50	Public Records Request - Sept 2016
11908	10/19/2016	Staples	365.63	Supplies
11909	10/19/2016	Aukema & Associates	1,250.00	Website Updates
11910	10/26/2016	Parsi Properties LLC	2,500.00	Dec 2016 - Parking lot lease
11911	10/26/2016	Parsi Properties LLC	2,500.00	Nov 2016 - Parking lot lease
11912	10/26/2016	William Doran	600.00	WC 140 - Yoga Workshop 10/3,10,17/16
11913	10/26/2016	United Way of Snoh Co	200.00	Refund for Deposit of VCWC
11914	10/26/2016	UNITED WAY	714.00	Employee Contributions
11915	10/26/2016	Department of Labor and Industries	1,226.62	3Q16 Self Insurance Fund
11916	10/26/2016	Electronic Business Machines	70.27	Staples
11917	10/26/2016	Principal	1,189.93	1019549-10001
11918	10/26/2016	Regence Blueshield	4,843.43	Nov 2016 Health Insurance
11919	10/26/2016	Sound Publishing, Inc.	89.60	Legal Notice 10/26 Special Board Meeting & Budget Hearing x2
11920	10/26/2016	Wells Fargo	2,023.24	Misc.

<b>Warrant Number</b>	<b>Transaction Date</b>	<b>Payee</b>	<b>Amount</b>	<b>Purpose</b>
<b>Warrant Activity:</b>				
11921	10/26/2016	Wells Fargo	1,403.93	Misc.
11922	10/26/2016	Yomira Vazquez	180.00	Programs:
11923	10/26/2016	Sixta Libanessa Morel Ulloa	500.00	Programs:
11924	10/26/2016	Snohomish County PUD	1,027.75	Electricity
11925	10/26/2016	Sound Publishing, Inc.	39.20	Legal Notice 10/26 Special Board Meeting
11926	10/26/2016	Dataworks	35.00	IT Support
11927	10/26/2016	MBI	3,310.69	25% Deposit for Furniture at Kruger Clinic on 2nd Floor
11928	10/26/2016	Maria Jose Soerens	2,000.00	Trainer for Promotoras Training
		Total Warrants	<u>123,872.84</u>	
<b>Wire/ACH Activity:</b>				
	10/14/2016	Payroll	19,405.26	ACH payroll transfer
	10/14/2016	Department of Treasury	7,141.99	Payroll taxes for 10/8/16 pay period ending
	10/14/2016	Valic	3,093.60	Payroll 401(a)/457 Deposit
	10/14/2016	Paychex	127.83	Fee for payroll processing
	10/28/2016	Payroll	18,662.05	ACH payroll transfer
	10/28/2016	Department of Treasury	6,905.52	Payroll taxes for 10/22/16 pay period ending
	10/28/2016	Valic	3,091.63	Payroll 401(a)/457 Deposit
	10/28/2016	Paychex	106.33	Fee for payroll processing
	10/10/2016	Wells Fargo Merchant Services	70.00	Merchant Services
	10/12/2016	Wells Fargo	4.83	Bank Fees
	10/14/2016	Mary Porter, RDN	570.00	Program Payment
	10/14/2016	Alpha Supported Living Services	5,416.67	Program Payment
	10/14/2016	Alzheimer's Association Western & Central	7,209.16	Program Payment
	10/14/2016	Boys & Girls Club of Snohomish County	20,519.58	Program Payment
	10/14/2016	CampFire	4,166.67	Program Payment
	10/14/2016	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	10/14/2016	Center for Human Services	13,750.00	Program Payment
	10/14/2016	ChildStrive	23,333.33	Program Payment
	10/14/2016	City of Lynnwood	6,144.08	Program Payment
	10/14/2016	Community Health Center of Snohomish Co	25,000.00	Program Payment
	10/14/2016	Compass Health	18,572.50	Program Payment
	10/14/2016	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
	10/14/2016	Edmonds Community College Foundation	4,396.33	Program Payment
	10/14/2016	Edmonds School District No. 15	70,239.34	Program Payment
	10/14/2016	Edmonds Senior Center	9,166.67	Program Payment
	10/14/2016	Kindering	11,517.17	Program Payment
	10/14/2016	Korean Women's Association	5,000.00	Program Payment
	10/14/2016	Medical Teams International	5,500.00	Program Payment
	10/14/2016	PEPS	2,987.50	Program Payment
	10/14/2016	Prescription Drug Assistance Foundation	4,166.67	Program Payment
	10/14/2016	Project Access Northwest	7,500.00	Program Payment
	10/14/2016	Puget Sound Christian Clinic	25,911.11	Program Payment
	10/14/2016	Puget Sound Kidney Centers Foundation	4,166.67	Program Payment
	10/14/2016	Senior Services of Snohomish County	57,936.67	Program Payment

<u>Warrant Number</u>	<u>Transaction Date</u>	<u>Payee</u>	<u>Amount</u>	<u>Purpose</u>
<b>Wire/ACH Activity:</b>				
	10/14/2016	Snohomish County Fire District 1	28,666.67	Program Payment
	10/14/2016	Snohomish County Music Project	2,416.67	Program Payment
	10/14/2016	Therapeutic Health Services	16,666.67	Program Payment
	10/14/2016	Volunteers of America Western WA	6,362.92	Program Payment
	10/14/2016	YWCA of Seattle, King and Snohomish Co	2,083.33	Program Payment
	10/3/2016	AmeriFlex Business Solutions	178.46	FSA Payments
	10/1/2016	AmeriFlex Business Solutions	272.96	FSA Payments
	10/4/2016	AmeriFlex Business Solutions	246.51	FSA Payments
	10/7/2016	AmeriFlex Business Solutions	285.72	FSA Payments
	10/31/2016	AmeriFlex Business Solutions	12.00	FSA Payments
	10/24/2016	AmeriFlex Business Solutions	12.00	FSA Payments
	10/18/2016	AmeriFlex Business Solutions	378.46	FSA Payments
	10/25/2016	WA Department of Revenue	780.02	B&O tax
	10/20/2016	Department of Labor and Industries	466.85	3Q16 L&I - State Fund
		<b>Total Wires/ACH Transactions</b>	<u>455,130.57</u>	

**Workers Compensation Claims Activity:**

305333-329	Oct 2016	Various Claimants/Vendors	<u>6,809.19</u>	Administered by Eberle Vivian
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**Kruger Clinic Activity:**

617-631	Oct 2016	Various Claimants/Vendors	<u>19,490.43</u>	Administered by Healthcare Realty
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**Total Disbursements** \$ 605,303.03

<u>Transaction Date</u>	<u>Payer</u>	<u>Amount</u>	<u>Purpose</u>
<b>Deposits:</b>			
10/1/2016	Swedish/Edmonds	781,073.72	Monthly leases
10/1/2016	Raymond Liu, D.D.S.	3,563.46	Kruger Clinic monthly lease
10/1/2016	Kean Lawlor	19,729.94	Kruger Clinic monthly lease
10/1/2016	Brian Takagi, MD	84.63	Kruger Clinic monthly lease
10/1/2016	Puget Sound Gastro	27,540.80	Kruger Clinic monthly lease
10/1/2016	Value Village	25,490.56	Monthly lease
10/10/2016	Snohomish County	41,287.36	Levy
10/27/2016	Healthcare Realty Services, Inc.	4,663.72	Ground Lease
10/14/2016	Community Health Center of Snoh Co	200.00	Deposit for use of VCWC
10/19/2016	Kristi Marion	100.00	Deposit for use of VCWC
10/15/2016	Carl Zapora	501.27	Error for reimbursement of travel paid by co cc
	<b>Total Deposits</b>	<u><u>\$ 904,235.46</u></u>	

VERDANT HEALTH COMMISSION  
PUBLIC HOSPITAL DISTRICT #2  
SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers 11877 through 11928 have been issued for payment in the amount of \$121,372.84. These warrants are hereby approved.

Attest:

\_\_\_\_\_  
Lisa M. King

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

\_\_\_\_\_  
Commissioner

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Commissioner

\_\_\_\_\_  
Commissioner

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Warrants Processed:	10-1-16 – 10-31-16		\$121,372.84
Work Comp Claims Pd:	10-1-16 – 10-31-16		6,809.19
Kruger Clinic Processed:	10-1-16 – 10-31-16		19,490.43
Payroll:	9-25-16 – 10-8-16	19,405.26	
	10-9-16 – 10-22-16	18,662.05	
			38,067.31
Electronic Payments:	Payroll Taxes	14,047.51	
	Paychex	234.16	
	Valic Retirement	6,185.23	
	AmeriFlex FSA	1,386.11	
	Bank Fees	74.83	
	WA State Dept Revenue	780.02	
	Dept of L&I	466.85	
	Program Expenditures	<u>393,888.55</u>	
			<u>417,063.26</u>
	Grand Total		<u>\$602,803.03</u>



## November 2016 Program Summary

1. Building Healthy Community Fund Proposal Follow-Up
2. Three program funding requests for review and discussion
3. Follow-up on Mercy Housing and Center for Human Services/EFM request

### Building Healthy Communities Fund Proposals

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#### Summary of Discussion at October Regular Board Meeting

- Some interest in directing funds to programs/services and away from bricks and mortar;
- For Sea Mar project, interest in directing funds to health promotion and healthcare access vs. a general grant for clinic space;
- Several commissioners agreed the health programs on the VOA project could use additional description.

#### 1.) Sea Mar Clinic (\$1 million request)

- Conducted a conference call with Sea Mar and CHC of Snohomish County to clarify relationship and willingness to cooperate in Lynnwood. CHC expressed some concerns, but discussion was positive.
- Sea Mar is moving their behavioral health providers to the new building because their lease is up on their current Lynnwood space. The medical/dental build out would follow at a future date.

#### 2.) Edmonds Senior Center/Waterfront Center (\$1.75 million request)

Edmonds Senior Center provided a follow up letter responding to questions raised in October board meeting:

- Made the case that building project supports programs and would double program participation from 4,000 to 8,000 by year 3 and to 10,000 annually by year five. Programs include Fitness, Healthy Living Workshops/Resources, Direct Health Services, and Counseling and Support.
- Expand hours where the City will be offering programs from 4:00 p.m. to 10:00 p.m.; added square feet for programming and the interest that will come from the new multi-generational facility.
- Expansion will not require expanded Verdant program funding, in contrast to other Verdant-funded senior programs.

**Room to Grow Verdant Initiatives** – as a program partner, ESC would hope Verdant would think of organization as an extension of assets available for future expansion of Verdant initiatives and programs.

**Critical Timing** – \$4M toward \$11M goal (\$2M from Rick Steves, \$1.25M from WA State, \$500K from the City and the rest from the Board and foundations). The 50% raised milestone is significant for a number of funders, with \$500K in grants pending with both Hazel Miller and the C. Keith Birkenfeld Charitable Trust. Both want to see “significant” funds raised and will make their decisions in December. The \$4M raised does not include a \$1M challenge from Rick Steves. He will commit the million when they have raised a matching million. A \$2.25M capital request is pending with the State to be considered in the 2017 legislative session. It is a competitive process with dollars raised being a major consideration. **ESC notes that a commitment from Verdant now would be both a stamp of approval and more importantly would set a great deal of additional funding in motion.**

### 3.) Trinity/Volunteers of America Project (\$1.5 million request):

Example Programs Offered at Facility:

- Nutritious Meals (Youth, Teens, Seniors)
- Academic Support, Role Model/Mentoring Programs
- Diabetes Prevention Programs
- Physical Activity
- Adult Day Health/Care
- Education & Peer Support
- Life Skills Training
- Caregiver Support
- Health Fairs
- Seminars on Stress Impact
- Access to Medical/Dental
- Resources and Support
- Mental Health Services

**Provided Letters of Support from:** Reps. Kagi & Ryu, County Executive Somers, County Councilperson Somers, Dale Turner YMCA, Center for Human Services, and Lutheran Community Services Northwest.

**Timing on Funding:** VOA notes that getting a commitment from Verdant is critical to making its case to private and public funders. Construction is targeted for 2019-2020.

**Verdant design:** VOA would be excited to have Verdant participate in planning and design of facility, including outlining services.

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**Verdant Program Committee Recommendation:** the committee members were not ready to commit funding to any of these projects at this time. They had concerns about the uncertainty of healthcare access at the national level, and the committee members would prefer to defer any decision and re-evaluate in June of 2017.

## Program Applications Recommended for Funding

1. **Puget Sound Kidney Centers (PSKC) Chronic Kidney Disease Education & Prevention Program:** a renewal request for a Chronic Kidney Disease Education & Prevention Program. The program focuses on supporting chronic kidney disease patients at stage 3 or 4 and other pre-dialysis patients interested in learning about their disease.

The committee reviewed additional information about the program services and PSKC funding of the program. **After reviewing this information, the committee is recommending funding the program for two more years, at \$48,000 in the first year and \$40,000 in the second year, with the expectation that PSKC be prepared to sustain the program after the second year of renewed funding.**

2. **Snohomish County Music Project - Music Therapy for Vulnerable Populations:** a renewal request for a program that provides music therapy services in the community. The initial goal was to serve middle-aged men dealing with depression and PTSD, but the program struggled to attract South Snohomish County participants, so Verdant approved a switch to focus on youth through the Boys & Girls Club.

Since October, 2016 the program has been serving veterans at Catholic Community Service's new Lynnwood veteran's housing Complex. The applicant is requesting an increase in funding to serve youth, veterans, and individuals at YWCA housing. **The program committee is recommending renewing funding the program for two more years at \$29,000 per year with a focus on serving veterans through the program.**

3. **Community Health Center of Snohomish County (CHC) – Dental Program:** a renewal request for a dental program for uninsured adults. Verdant previously funded the project for two one-year increments. Under the renewed program, dental patients would be identified as follows: 50 patients (300 visits) in need of restorative care from Senior Services, 50 patients identified by CHC (300 visits) who will commit to an on-going treatment plan, and an additional 150 uninsured patients in need of emergency care (300 visits) will be served at the Lynnwood CHC Walk-In clinic

Unlike previous grant request, no care coordinator costs would be charged to program. Verdant would reimburse CHC for low-income uninsured treatment costs at the FQHC Medicaid rate. **The program committee is recommending fully funding the request at \$200,000 per year for two years.**

## Follow-Up on Previously Discussed Proposals

4. **Center for Human Services - Edmonds Family Medicine: PCP and Behavioral Health Integration:** a request to support two mental health clinicians from the Center for Human Services at Edmonds Family Medicine. The program is designed to integrate behavioral health and primary health care at a medical clinic. EFM patients would be screened for probability of behavioral health issues, and, when appropriate, provided with a "warm hand-off" to a behavioral health clinician. After referral, the patient will be screened more thoroughly and, if appropriate, participate in brief interventions (averaging 6 sessions). Center for Human Services is requesting \$190,999 per year for three years for the program.

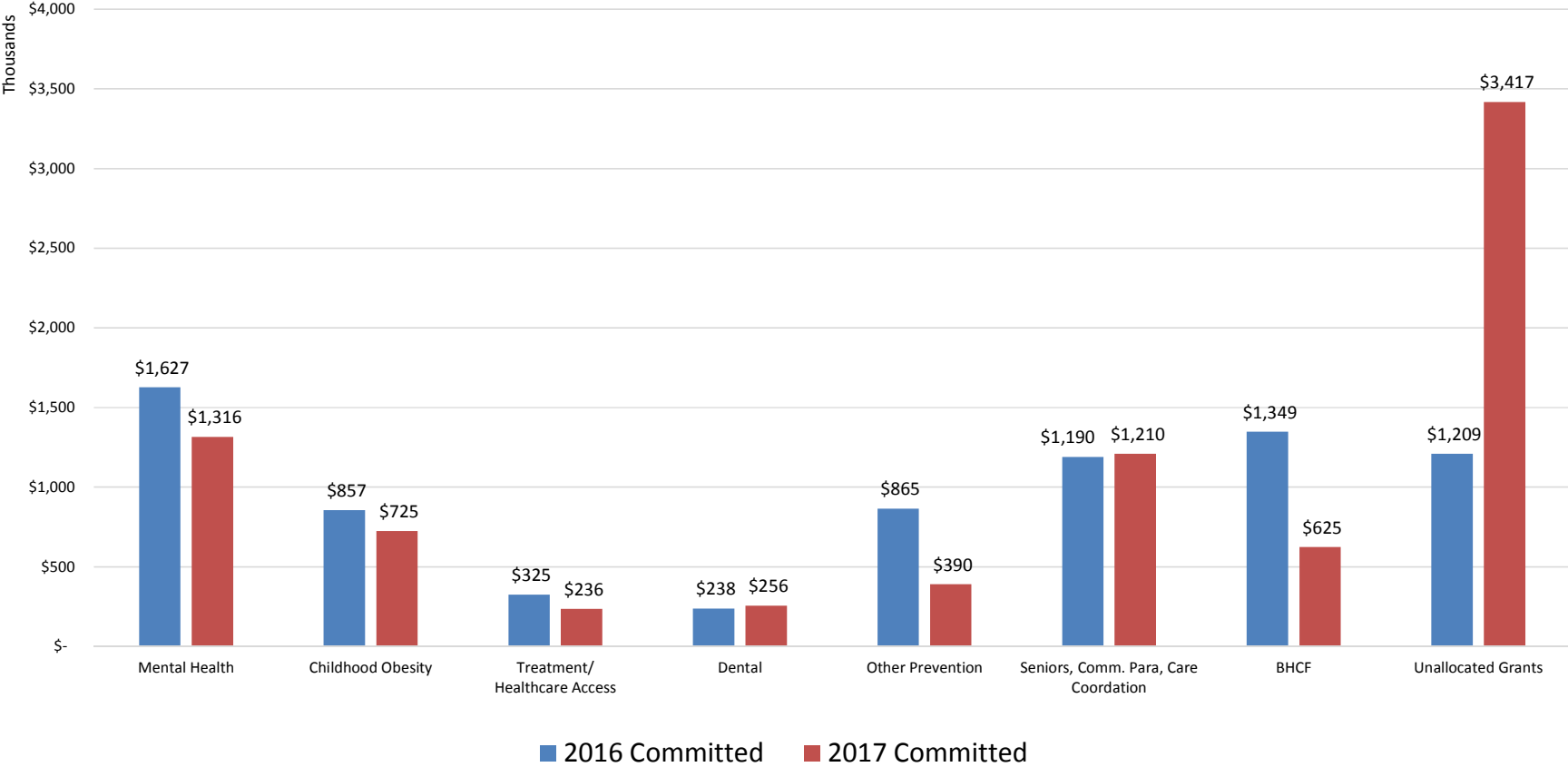
**The program committee reviewed written responses to questions about the program—the committee would like to invite the applicant in for a presentation in Verdant’s December board meeting.** The committee felt like they did not fully understand the program model, but members were interested in exploring integrating behavioral health services in a primary care setting.

- 5. Mercy Housing – Health in Housing Program:** a request for \$180,000 per year for three years that would implement health programs at 7 affordable housing complexes. The program is modeled after a project Mercy has operated in partnership with the King County Housing Authority using Community Health Promoters, with the goal to address health disparities and social determinants of health. Most of the funding (\$140,000) would be dedicated to staffing costs, including 2.5 FTE Community Health Promoters/Coordinators. The programs expects to serve 800 residents per year

At Verdant board member’s request, we convened a meeting of stakeholders to discuss the program, including from Mercy Housing, YWCA, Molina HealthCare, NorthSound ACH, Washington State HCA, and Verdant. The meeting helped clarify the possible connections to the ACH, HCA transformation and Managed Care organizations like Molina.

**The program committee is recommending waiting for more information and proven outcomes from King County ACH and Housing Authority projects.** Although the model of health promotion was interesting, committee members were looking for concrete outcome data before committing the level of funding requested (\$540,000 in total).

Verdant Committed Grant Funds November 2016 (\$k)



**Verdant Community Wellness Center Summary  
November 2016**

**Completed Programs**

<b>1. General Community and Provider Events</b>	<b>Attendance</b>
1. Verdant Promotora/Community Health Worker Training (9/16 – 11/12)*	21
2. Medicare Open Enrollment (10/25, 11/1)	16
3. Edmonds School District OT/PT Training (10/26)	20
4. Avalanche Safety Training (11/1)	16
5. SHIBA Monthly Update Meeting (11/1)	25
6. Korean Women’s Association: Everyday Medicare Benefits (11/3)*	50
7. ARC Mothers of Children with Disabilities Monthly Support Network (11/5)	23
8. WABS Natural Leaders Parent Trainings (11/7)	30
9. Evergreen Home Health (11/8)	45
10. PEPS : While You Are Waiting – Monthly Drop-in Info Session (11/9)*	varies
11. Ongoing – Community Support for Prescription Assistance (weekly)*	varies

<b>2. Nutrition and Healthy Behaviors</b>	<b>Attendance</b>
1. Surviving & Thriving with Chronic Kidney Disease (11/2 – 12/14)*	23
2. Move More, Sit Less & Jump Start Your Fitness (10/6 – 11/10)*	8
3. Parent Workshop: Nutrition for Growing Teens Ages 12+ (10/19)*	7
4. Soups & Stews Cooking Demo (10/27)*	33
5. Family Cooking Class: Naturally Sweet Halloween Treats (10/29)*	16
6. Strength Training for Adults: A Beginners Guide (11/3)*	21
7. Teens in the Kitchen Hands On Cooking Class: (11/5)*	11
8. Sugar Detox: Cut the Cravings (11/ 9)*	41
9. Stop Diabetes Initiative Workshop (11/12)*	16
10. Lifestyle Change Check-Ins (drop – in 1 <sup>st</sup> and 3 <sup>rd</sup> Tuesdays)*	10-14
11. Getting to Goal Program (Weight Management Consultations)*	15-20 clients

<b>3. Behavioral Health &amp; Substance Use</b>	<b>Attendance</b>
1. YWCA Managing Difficult Emotions Support Group (9/19 – 11/7)*	8-10
2. Foster Parent Caregiver Core Training Series (10/3 – 11/28)	6-8
3. YWCA Anxiety & Depression Support Group (10/12 – 11/30)*	8-10
4. YWCA Building Family Strengths Parenting Class (10/18 – 12/6)*	8
5. Spanish language WayOUT Parenting Seminar (10/29, 11/5)*	26
6. THS Drop In Parent Coaching Sessions (10/29, 11/10)*	10
7. YWCA Managing the Holiday Blues (11/1 – 1/3)	8
8. Wonderland – Hanen Speech Therapy Parent Workshops (11/2 – 12/14)	6-8
9. Snohomish Co. Caregiver and Kinship Caregiver Support (11/3)	varies
10. Brain Health and Wellness Classes (11/3, 4, 10)*	2-11
11. SCAEOP: Social Media – Keeping Students Safe	10
12. Evergreen Bereavement Informational Workshop (11/9)	4-8
13. National Alliance on Mental Illness “Connections” Support Grp (11/10)	varies
14. Adult Children of Alcoholics Weekly Support Group (ongoing)	10-14
15. Veterans Drop-In Support (weekly - City of Lynnwood & monthly - County)	varies

<b>4. Other Programs</b>	<b>Attendance</b>
1. Play and Learn Group, Wonderland Development Center (weekly)*	25-30

## Verdant Community Wellness Center Summary November 2016

### Upcoming Programs

#### A. General Community and Provider Events

1. Medicare Open Enrollment (November 15)
2. Understanding Medicare Monthly Workshops (November 18, December 16)
3. WABS Natural Leaders Parent Trainings (November 21)
4. ARC Mothers of Children with Disabilities Monthly Support Network (December 3)
5. Evergreen Home Health (December 7, 13)
6. PEPS : While You Are Waiting – Monthly Drop-in Info Session (December 14)\*
7. Medical Reserve Corps Training (December 17)

#### B. Nutrition and Healthy Behaviors

1. Surviving & Thriving with Chronic Kidney Disease (November 2 – December 14)\*
2. Lower Sodium Holiday Foods Cooking Demo (November 14)\*
3. Sleep Matters (November 30)\*
4. Healthy Holiday Bites Cooking Demo (December 7)\*
5. Type 2 and You Workshop and Celebration (December 13)\*
6. Breathe Easy: How to Improve your Indoor Air Quality (December 15)

#### C. Behavioral Health & Substance Use Focus

1. Foster Parent Caregiver Core Training Series (October 3 – November 28)
2. YWCA Anxiety & Depression Support Group (October 12 – November 30)\*
3. YWCA Building Family Strengths Parenting Class (October 18 – December 6)\*
4. YWCA Managing the Holiday Blues (November 1 – January 3)
5. Wonderland – Hanen Speech Therapy Parent Workshops (November 2 - December 14)
6. Brain Health and Wellness Classes (November 14, 17, 21, 28, December 5, 8, 12, 19, 20)\*
7. Snohomish County Caregiver & Kinship Caregiver Support Groups (November 15, 17, December 1, 15)
8. Spanish language Suicide Prevention (November 17)\*
9. THS Drop In Parent Coaching Session (November 17)\*
10. International Survivors of Suicide Loss Day (November 19)\*
11. Developing Appropriate Self Esteem in Children Ages 2-12 (November 29)\*
12. Behavioral Health Care Transitions Meeting (December 1)
13. National Alliance on Mental Illness “Connections” Support Group (December 8, 22)
14. Evergreen Bereavement Informational Workshop (December 14)

\* = Grant/Program Funded Partner