VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON BOARD OF COMMISSIONERS Regular Meeting A G E N D A September 28, 2016 8:00 a.m. to 9:15 a.m.

	<u>ACTION</u>	<u>TIME</u>	<u>PAGE</u>
A. Call to Order		8:00	
B. Approval of the Minutesa) August 24, 2016 Board Meetingb) September 20, 2016 Special Board Meeting	Action Action	8:01 8:02	1-5 6-7
C. Executive Committee Report	Information	8:03	
D. Superintendent search update – Ed Rogan/Waldrona) Search timing and statusb) Compensation study presentation	Information Information	8:04 8:08	 8-26
 E. Finance Committee Report a) Financial statements and cash activity b) Authorization for payment of vouchers and payroll c) Resolution 2016:05 Surplus Property 	Information Action Action	8:13 8:17 8:12	27-30 31 32-35
 F. Program Committee Report & Recommendations a) Conflicts of Interest b) Program Investment Recommendations c) Verdant Community Wellness Center activities update 	 Action Information	8:18 8:19 8:35	 36-46 47-48
G. Marketing Report	Information	8:40	49
H. Superintendent's Report	Information	8:45	
I. Public Comments (please limit to three minutes per speake	er)	8:50	
J. Commissioner Comments		8:55	
K. Executive Sessiona) Review personnel matter regarding Superintendent sear	Information rch	9:00	
L. Open Session		9:15	
		0.15	

9:15

M. Adjournment

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON VERDANT HEALTH COMMISSION

BOARD OF COMMISSIONERS

Regular Meeting Verdant Community Wellness Center August 24, 2016

Commissioners

Present

Deana Knutsen, Commissioner

J. Bruce Williams, M.D., Commissioner (via phone)

Bob Knowles, Commissioner Karianna Wilson, Commissioner

Commissioners

Excused

Fred Langer, President

Others Present Carl Zapora, Superintendent

George Kosovich, Assistant Superintendent &

Program Director

Jennifer Piplic, Marketing Director

Lisa King, Finance Director

Sue Waldin, Community Wellness Program Manager

Karen Goto, Executive Assistant Members of the community

Guests Jennifer Graves, Swedish Edmonds

Sarah Zabel, Swedish Edmonds

Ed Rogan, Waldron

Jen Mikolajczyk, Healthcare Realty

James Kee, Community Health Centers of SC

Dr. Jeanne West, iPass

Adrian Urquhart Winder, Foster Pepper (via phone)

Call to Order The Regular Meeting of the Board of Commissioners of

Public Hospital District No. 2, Snohomish County, was called to order at 8:01 a.m. by Secretary Knutsen.

Approval of Minutes Motion was made, seconded and passed unanimously to approve the minutes of the regular meeting on June

22, 2016.

Executive Committee

Secretary Knutsen reported that the Executive Committee met on August 12, 2016 to review the

August 24, 2016 board meeting agenda, and to

receive an update on the Superintendent search from

Waldron. No action was taken.

Commissioners Meeting August 24, 2016 Page 2

Superintendent Search Update

Mr. Ed Rogan of Waldron provided the commissioners with an update on the search (E:47:16). Waldron has reached out to several hundred potential applicants and September 16, 2016 is the application deadline. Waldron has almost completed a salary recommendation and will provide it to the Executive Committee soon and to the full board at the September regular board meeting.

Board Finance Committee

The committee met on August 18, 2016. Ms. King reviewed the financial statements and cash activity for June & July 2016 (E:48:16). She noted that Verdant has so far underspent on operating expenses for the year. A bond interest payment of \$65,850 made on June 1, 2016 and a levy deposit of \$168,021.34 on June 10, 2016 were called out.

Authorization for Payment of Vouchers & Payroll

Warrant Numbers 11718 through 11794 for June & July 2016 for payment in the amount of \$184,547.28 were presented for approval (E:49:16). *Motion was made, seconded and passed unanimously to approve.*

Kruger Clinic Restroom Remodel Bid Approval

Ms. King shared background information on the Kruger Clinic restroom remodel project.

Motion was made, seconded and passed unanimously to approve Ferris -Turney General Contractor's bid of \$208,820 with tax of \$19,995 for total of \$228,275 (E:50:16).

Swedish Program Change Request

Ms. Jennifer Graves & Ms. Sarah Zabel of Swedish Edmonds presented a hospital program change request to the board for approval (E:51:16). Swedish Edmonds would like to close the Pavilion Pharmacy before the end of 2016 due to increasing drug costs and decreasing reimbursements. Commissioners discussed the pros and cons of the decision and expressed frustration with the short time line to make this decision. Secretary Knutsen stated her interest in hearing from opponents of this proposed program change because she values the process.

Commissioners took a roll call vote – Commissioner Karianna Wilson YES Commissioner Bob Knowles YES Commissioner Bruce Williams YES Commissioner Deana Knutsen NO Commissioners Meeting August 24, 2016 Page 3

Motion was made, seconded and passed with a 3-to-1 vote to approve the pharmacy closure.

Secretary Knutsen asked Ms. Graves & Ms. Zabel to provide the board with an update on the process at a future board meeting.

Program
Oversight
Committee
Update

The Program Committee met on August 12, 2016 to review five applications for renewal funding, five new funding applications, follow-up on Senior Services of Snohomish County's request, review Building Healthy Communities fund applications and recommend finalists (E:52:16).

Commissioner Wilson reported a conflict of interest with the request from Kindering as she has previously consulted for them and will not vote on their request. No other conflicts of interest were reported by any of the commissioners present.

Renewal Applications:

Motion was made, seconded and passed unanimously to approve the Puget Sound Christian Clinic mental health counseling at partial funding of \$25,000 in the first year, \$30,000 in the second year, and \$35,000 in the third year.

Motion was made, seconded and passed unanimously to approve the Prescription Drug Assistance Foundation request of \$50,000 per year for three years for a program that helps low-income patients to access medications through manufacturer assistance programs.

Motion was made, seconded and passed unanimously to approve the Edmonds School District student support advocates at \$395,000 per year for three years which includes adding a new advocate serving at Scriber Lake High School.

The request from the Edmonds Center for the Arts dementia inclusive series was not approved as there were not well-defined health outcomes from the program.

The request from Kindering for its early intervention program is not approved at this time. Verdant staff will follow-up with Kindering to see if a funding increase could be tied to behavioral health programs.

New Funding Applications:

Motion was made, seconded and passed unanimously to approve Cocoon House partial funding request of \$60,000 per year for two years for a south Snohomish County parent & teen outreach program staff member and use of Verdant Community Wellness Center space. Motion was made, seconded and passed unanimously to approve Prescription Drug Assistance Foundation's south county volunteer network request of \$10,000 on a one-time basis.

Sqord's Gear Up & Go Program request of \$25,000 to purchase activity tracking devices and support programming at 7 Edmonds schools was not approved.

Snohomish County STEM Network request of \$35,000 per year to increase the number of students going on to healthcare education/training or entering STEM and healthcare careers was not approved.

Edmonds School District/Alderwood Middle School's Equipping Students to Thrive project designed to build resiliency and support middle school youth is being asked to rework their proposal.

Follow-up Requests:

Motion was made, seconded and passed unanimously to approve the supplemental request from Senior Services of Snohomish County Center for Healthy Living in the amount of \$73,800 per year to be targeted at mental health and dental services coinciding with their existing grant program through the fall of 2018.

Building Healthy Communities Fund applications:

Sixteen applications were received for \$8.5 million in funding. The Program Committee identified the top three applicants and will schedule a board study session in August or September 2016 to further review the applications. These applicants include Sea Mar

Commissioners Meeting August 24, 2016 Page 5

> Community Health Center, Edmonds Senior Center, and Volunteers of America.

Presentation from

Community **Health Center** of Snohomish County

Mr. James Kee and Dr. Jeanne West updated the board on their progress and challenges with providing

dental services and mental health access. Commissioner Knutsen commented that better outreach is needed especially to young people.

Verdant Community Wellness **Center Update** See (E:53:16) for this month's report.

Marketing Report

See (E:54:16) for this month's report.

Superintendent's

Report

None

Public Comments None

Commissioner Comments

None

Executive Session

Secretary Knutsen adjourned the regular meeting at 9:31 a.m. into a 15-minute Executive Session to consider the legal risks of a proposed action of the district. Secretary Knutsen reported that no action would be

taken.

Open Session The board reconvened into Open Session at 9:50 a.m.

Adjourn There being no further business to discuss, the meeting

was adjourned at 9:51 a.m.

ATTEST BY:

President Secretary

PUBLIC HOSPITAL DISTRICT NO. 2 OF SNOHOMISH COUNTY, WASHINGTON

SPECIAL MEETING September 20, 2016

8:00 a.m.
Verdant Community Wellness Center

Commissioners

Fred Langer, President

Present

Deana Knutsen, Commissioner

Karianna Wilson, Commissioner (9:00 a.m. arrival)

Commissioners Excused

J Bruce Williams, M.D., Commissioner

Bob Knowles, Commissioner

Staff

Carl Zapora

George Kosovich Jennifer Piplic Sue Waldin Lisa King Karen Goto

Guests

Farrell Fleming, Edmonds Senior Center David Jaffe, Edmonds Senior Center Chris Wolfe, Edmonds Senior Center Daniel Johnson, Edmonds Senior Center Carrie Hite, Edmonds Senior Center Lesley Steinman, Edmonds Senior Center

Bob Řeese, Volunteers of America Western WA Carolina Lucero, SeaMar Community Health Centers Kristina Hoeschen, SeaMar Community Health Centers

Members of the public

Presentations

President Langer began the discussion at 8:09 a.m.

without a quorum.

Mr. Kosovich provided the background and context on the program funding for the Building Healthy

Communities Fund (E:55:16).

Presentations from the Edmonds Senior Center and Volunteers of America Western WA on their respective Building Healthy Communities Fund applications were

given to the commissioners present.

Call to Order

The Special Meeting of the Board of Commissioners was called to order by President Langer at 9:00 a.m. SeaMar Community Health Centers presented its

application to the commissioners.

Commissioner Comments

President Langer stated that there would be no action taken by the commissioners at today's meeting but all three groups gave great

presentations.

Commissioner Knutsen shared her concern on the scope of reach and possible overlap of services with

current Verdant-funded programs for both the Edmonds Senior Center and the Volunteers of

America proposals.

Public Comments

Mr. Bob McMahon, the board chair for Volunteers of

Special Meeting September 20, 2016 Page 2

> America (VOA) commented on the relationships that VOA has established with other community groups. Mr. Farrell Fleming of the Edmonds Senior Center commented that over 4,000 seniors per year are served through the center and nearly all center programs have a direct connection to health & wellness and that they would like to expand these programs with the help of Verdant.

Mr. Bob Reese of VOA shared additional information about anticipated programs and service numbers.

Timeline

Mr. Kosovich explained that these presentations will be sent back to the Program Committee at their next meeting on Monday, September 26, 2016 and then to the full board at the next regular meeting on Wednesday, September 28, 2016.

Commissioners requested information to further discuss the overlap of services between two of the applicants (Edmonds Senior Center & VOA) and the

programs that Verdant currently funds.

Executive Session

President Langer stated that there will be no

Executive Session at this meeting.

Adjourn

The meeting was adjourned at 9:25 a.m.

Attest By:

President	 	
Secretary		

Verdant Health Commission

Superintendent Salary Survey

VERDANT HEALTH COMMISSION SUPERINTENDENT

Compensation Study

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Introduction & Methodology



Verdant Health Commission Superintendent Compensation Study

August 2016

Conducted by Waldron

Introduction & Methodology

Verdant Health Commission retained Waldron to conduct an executive compensation review of comparable local organizations, and to provide a hiring range for the 2016 Superintendent search. This report provides an analysis of the data collected to assist Verdant in evaluating the compensation of its future Superintendent. Waldron has included a list of all the participating organizations as well as a description of the data sources.

30 organizations were initially identified by Verdant to include in the survey. Waldron added 12 more organizations that fit within the operating budget, the scope, and the sector of services provided by Verdant. All of the organizations are located in Washington State (majority in the Puget Sound area) and were selected based on their size and overlapping service areas with the Verdant Health Commission. The organizations that participated represent a good cross-section of the different sectors of public health and community wellness and communities that Verdant works in and serves.

We contacted each organization individually to collect up-to-date salary and benefits information, through email and direct outreach phone calls. Of the organizations we contacted, 13 were able to provide us with updated information.

Methodology

After designing the compensation and benefits survey, Waldron examined the available Form 990s for the nonprofit organizations and the relevant budget documents and financial statements for public organizations. In order to obtain the most recent organization and compensation-related information available, we followed up by making personal phone calls and sending emails to all of the organizations.

While some respondents are larger in size and scope than Verdant, they offer valuable benchmarks in looking at a range for salary and benefits, when considering the caliber of candidates sought for the Superintendent position, and we feel most are fair comparisons, each with unique components to their organizations.

In addition, we reviewed three long-standing, well-respected salary surveys and have included information from each of these for the Executive Director/Chief Executive Officer position.



Data Sources

- 2015 Guidestar Compensation Report A nation-wide survey, derived from information on more than 154,000 individual positions at more than 105,000 taxexempt organizations. Information found in the survey is based entirely on data reported to the IRS.
- 2015 Council on Foundations Grantmakers Salary Survey Information in this nation-wide survey is based on 900 foundations reporting salary information for over 9,000 full-time employees.
- 2015-2016 Archbright/United Way of King County Non-Profit Wage & Benefits Survey A statewide survey of 258 nonprofit organizations with 92% of participating organizations located in King, Pierce, and Snohomish counties. Participants were asked to report data from the payroll period closest to March 1, 2015.

The "Summary of Data" section of this report provides Verdant with our analysis of the data and subsequent recommendations follow.



Organizations Surveyed



Organizations Surveyed

Organization	Annual Budget (FY Reported)	CEO Base Salary	<u>Source</u>	FY Reported
Economic Alliance of Snohomish County	\$1,486,642	\$150,000	Staff reported	2016
Providence General Foundation	\$3,414,051	\$189,692	Form 990	2014
Virginia Mason Institute	\$3,545,340	\$378,880	Form 990	2014
Group Health Foundation	\$2,330,534	\$486,590	Form 990	2014
Pacific Hospital Preservation &	\$3,477,113	\$116,000	Staff reported	2016
Development Authority				
Overlake Hospital Foundation	\$3,876,698	\$239,000	Staff reported	2016
WithinReach	\$4,397,998	\$110,665	Form 990	2014
Washington Dental Service Foundation	\$4,423,574	\$342,757	Form 990	2014
Bellevue Boys & Girls Clubs	\$5,057,857	\$184,141	Form 990	2014
Washington State Medical Association	\$6,069,745	\$197,277	Form 990	2014
PTSO of Washington	\$6,715,103	\$190,151	Form 990	2014
Columbia Wellness	\$7,230,453	\$94,463	Form 990	2015
Boys & Girls Clubs of Snohomish	\$8,663,624	\$175,000	Form 990	2014
County				
Ryther	\$9,615,354	\$120,000	Staff reported	2016
United Way of Pierce County	\$9,638,232	\$175,000	Staff reported	2016
Lewis County Public Health & Social Services	\$9,500,000	\$107,300	Staff reported	2016
United Way of Snohomish County	\$10,271,499	\$150,602	Staff reported	2016
Columbia River Mental Health	\$11,516,682	\$101,045	Form 990	2014
Services				
Seattle Indian Health Board	\$12,086,369	\$150,000	Staff reported	2016
Unity Care NW	\$12,569,677	\$152,744	Form 990	2014
Compass Housing Alliance	\$12,692,176	\$115,258	Form 990	2014
Peninsula Community Health Services	\$14,470,412	\$193,052	Form 990	2014
Empire Health Foundation	\$14,967,353	\$231,800	Staff reported	2016
Greater Lakes Mental Health Foundation	\$17,989,514	\$180,634	Form 990	2016
YMCA of Snohomish County	\$21,722,927	\$229,112	Staff reported	2016
Community Health Centers of	\$26,610,882	\$151,177	Form 990	2014
Snohomish County	· , -, -	, ,		
YWCA - King/Snohomish County	\$31,335,729	\$195,000	Staff Reported	2016
Compass Health	\$33,418,482	\$165,283	Form 990	2014
Qualis Health	\$35,298,429	\$344,070	Form 990	2014
Neighborcare Health	\$44,479,796	\$192,529	Form 990	2014



Hopelink	\$55,818,415	\$130,000	Staff reported	2016
YMCA of Greater Seattle	\$69,875,905	\$345,908	Form 990	2014
Public Health - Seattle & King County	\$389,839,000	\$203,039	Staff reported	2016

We omitted the following organizations from our analysis. We feel that these organizations are outside of the size and scope of the Verdant Health Commission and do not provide accurate benchmarks.

Organization	Annual Budget	CEO Base	Source	<u>FY</u>
		<u>Salary</u>		Reported
Project Access Northwest	\$1,359,655	\$112,463	Form 990	2014
Providence Health Care Foundation -	\$5,064,458	\$613,109	Form 990	2015
Eastern Washington				
Virginia Mason Foundation	\$15,340,827	\$1,470,727	Form 990	2014
Confluence Health	\$49,718,377	\$336,448	Form 990	2014
Inland Northwest Health Services	\$127,327,119	\$775,307	Form 990	2014
Sea-Mar Community Health Center	\$144,749,233	\$733,088	Form 990	2014
Community Health Network of	\$223,773,787	\$731,364	Form 990	2014
Washington				
Franciscan Health System	\$1,143,504,162	\$1,705,501	Form 990	2014
Providence Health System of Western	\$1,663,923,664	\$1,951,887	Form 990	2014
Washington				
Multicare Health System	\$1,676,362,025	\$878,565	Form 990	2014

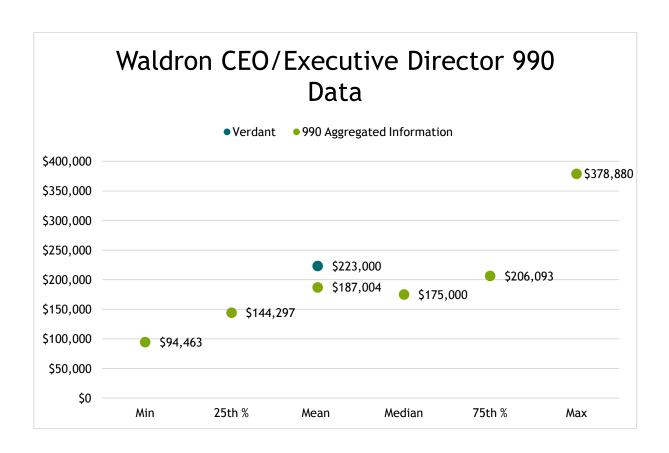


Summary of Data



Summary of Data: Form 990s

Of the 43 organizations surveyed, we received 13 direct responses for salary and benefits information for the current fiscal year. For those who did not respond to our request for information, we compiled the organizations' most recent publicly available salary data from the IRS Form 990. Given the variety of size, scope, sector, and budgets of the organizations surveyed, we omitted organizations whose budgets or salaries were far outside of Verdant's range from our working data set. The table below is based on data available from the most recent Form 990s.





Summary of Data: Survey Respondents

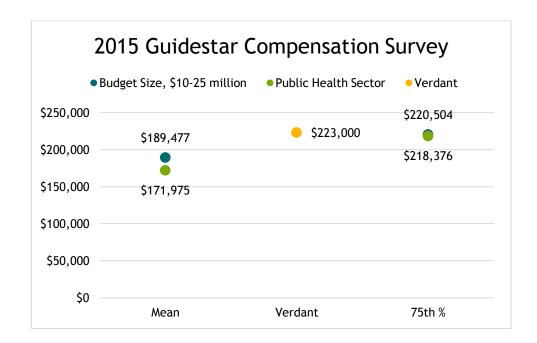
Of the 13 respondents to our survey, the mean salary was \$166,527, and the 75th percentile fell at \$203,039. The high of \$231,800 corresponds to an organization with a budget of \$14.9 million. This sample did not include the large health systems and their proprietary foundations. This sample included organizations similar in size and scope to that of Verdant, including two public health departments.





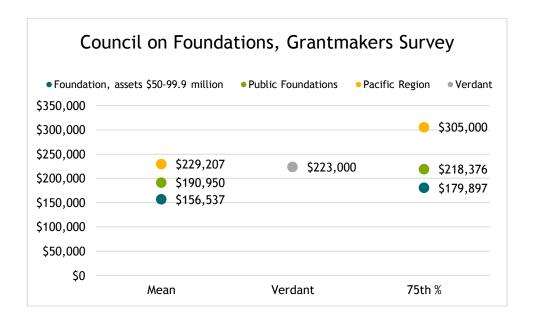
Summary of Data: Salary Surveys

In addition to the direct outreach and Form 990 data, we used the salary figures for the Chief Executive Officer and Executive Director role provided in three salary surveys with large data sets. Guidestar and the Council on Foundation's surveys are national in scope. The Archbright/United Way survey collects data from nonprofit organizations and foundations in Washington state, with the majority of respondents located in King, Pierce and Snohomish counties. For the purposes of this study, we chose to include only base salary as many public organizations do not offer additional compensation or incentive pay.



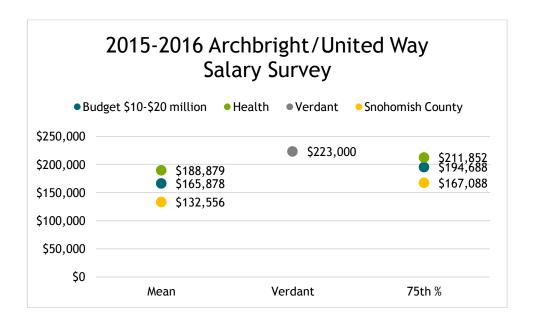
As the chart above shows, the current base salary for the Superintendent at Verdant (\$223,000) falls above the mean and the 75th percentile of all organizations surveyed across the nation by Guidestar in a similar annual budget range as Verdant and in the public health sector.





The chart from the Council on Foundations annual Grantmakers Salary Survey (above) shows that the current salary for the Superintendent of Verdant (\$223,000) falls above the mean and the 75th percentile of all public foundations and foundations with assets ranging from \$50-\$99.9 million. However, of all foundations (community/public, corporate, and private) surveyed in the Pacific Region (Washington, Oregon, and California), the Superintendent's salary falls below the mean and the 75th percentile.





This third chart shows data collected in Washington State by Archbright and the United Way of King County. The data shows that the salary of the Superintendent falls above the mean and the 75th percentile of CEOs and Executive Directors in organizations with \$10-\$20 million annual budgets and organizations in the health sector; and above the mean and the 75th percentile for salary information collected in Snohomish County.

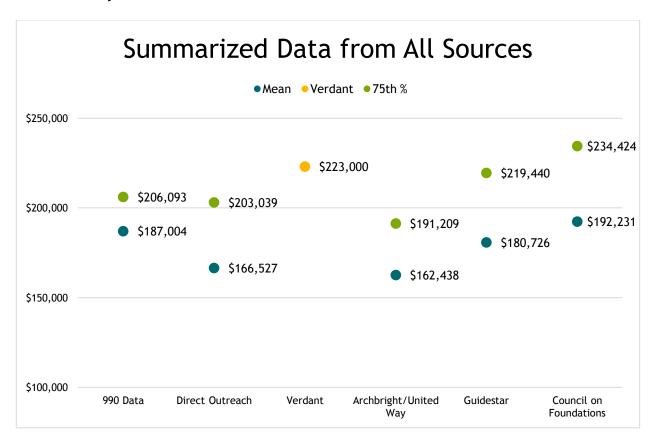


Recommendations



Recommendation

A common practice across organizations of all sizes and sectors is to establish a standard relative to market data for salary levels. For example, an organization may decide that it wants all salaries to fall at or near the 75th percentile for each position relative to like-sized or like-sector organizations in their market. Organizations will then evaluate the market on a regular basis (usually annually) to ensure that salaries comply with the standard they have selected.



For the 2016 Superintendent search, Waldron recommends a hiring range of \$176,000°-\$205,000°, with some flexibility at the top of this range to take into consideration candidates coming from larger organizations or other locations or sectors. This recommendation is based on the direct outreach data, which is the most current and relevant, as well as the collected Form 990 data, which is also locally relevant and specific to Verdant's size and scope. This range assumes that Verdant will be offering a competitive benefits package but not additional incentive or bonus pay, as most organizations surveyed do not offer incentive pay.

 $[^]st$ Based on the means of the aggregated 990 Data and Direct Outreach

^{**} Based on the 75th percentiles of the aggregated 990 Data and Direct Outreach



Note: Candidates for the Superintendent role may research the current salary and see that it is higher than the new range provided. The search team will need to address this individually with candidates using the salary survey data.



Summary of Common Benefits



Summary of Common Benefits

While gathering compensation data, we also requested information on benefits packages. We were provided with benefits information by eight (8) of the participating organizations. A summary of the commonly offered benefits is below.

Medical Insurance - All provided access to medical insurance, most with an employee contribution. Dependent coverage available at additional cost.

Dental Insurance - All provide access to dental coverage, most with an employee contribution. Dependent coverage available at additional cost.

Vision Insurance - All provide access to vision coverage, most with an employee contribution. Dependent coverage available at additional cost.

Long Term/Short Term Disability - All provide long-term and short-term disability insurance, some with an employee contribution.

Retirement - Benefits include 403 (b) plans and 401 (k) plans. Most include an employer match based on employee contribution.

Life Insurance - All provide company paid life insurance with options for employees to add extra coverage at their expense.

PTO - All offer accrued vacation time, accrued sick leave, and no fewer than seven (7) holidays. Some offer additional floating holidays, management leave, and discretionary personal days.

Other Benefits - There was a range of additional benefits including Flexible Spending Accounts (FSA), Health Savings Accounts (HSA), Employee Assistance Programs (EAP), cell phone allowances, car allowances/mileage reimbursement, mass transit allowances, discounted memberships, and professional development allowances.

Public Hospital District #2, Snohomish County Balance Sheet As of August 31, 2016

		Α	В	С	D
		Dec 31, 2015	Aug 31, 2016	\$ Change	Comments:
1	ASSETS	'			
2	Current Assets				
3	Cash Balance	2,928,196	2,092,515	(835,681)	
4	Other Current Assets	34,623,348	38,042,299	3,418,951	Includes Investments
5	Total Current Assets	37,551,544	40,134,814	2,583,269	
6	Total Long-term & Fixed Assets	46,897,663	45,302,963	(1,594,701)	Includes Depreciation
7	TOTAL ASSETS	84,449,208	85,437,776	988,569	
8	LIABILITIES & EQUITY				
9	Liabilities				
10	Current Liabilities	2,839,365	2,119,968	(719,397)	Includes BHCF
11	Long-term Liabilities	4,614,978	3,948,625	(666,353)	2012 LTGO Bonds/BHCF
12	Total Liabilities	7,454,343	6,068,593	(1,385,750)	
13	Total Equity	76,994,864	79,369,183	2,374,318	Annual Net Income
14	TOTAL LIABILITIES & EQUITY	84,449,208	85,437,776	988,569	

Profit & Loss August 2016

		Α	В	С	D	E	F	
		Aug Actual	Aug Budget	Fav/(Unfav)	YTD Actual	YTD Budget	Fav/(Unfav)	
1	INCOME							
2	Ordinary Income	841,025	841,223	(199)	6,691,301	6,711,697	(20,396)	
3	EXPENSES							
4	Operating Expenses	147,513	206,744	59,232	1,352,394	1,601,501	249,107	
5	Depreciation Expense	194,149	196,687	2,538	1,628,349	1,645,403	17,053	
6	Program Expenses	409,563	523,000	113,437	3,398,659	4,854,000	1,455,341	BHCF Adj
7	Total Expenses	751,225	926,431	175,206	6,379,402	8,100,904	1,721,502	
8	OTHER INCOME/(EXPENSE)							
9	Total Other Income/(Expense)	129,038	226,468	(97,429)	2,062,419	1,811,740	250,679	
10	NET INCOME	218,838	141,260	77,578	2,374,318	422,533	1,951,785	

Monthly Highlights

August 2016

Verdant received dividends payments of \$48,204 and an unrealized loss of \$98,870 on our investment portfolio in August and closed with an ending market value of \$37,081,535.

Annual program commitments total \$6,390,063 and \$4,323,815 for 2016 and 2017, respectively. \$1,309,937 remains available to spend in 2016, of which \$38,087 is earmarked as Superintendent Discretionary.

Additional income of \$115,485 and expenses of \$71,237 from the Kruger Clinic were incurred, netting to an additional operating income of \$44,249 in August.

Public Hospital District #2

Warrant Number	Transaction Date	Payee	Amount	Purpose
Warrant Activity:				
11796	08/03/2016	ANS of WA, Inc.	125.00	KG attend Notary training 9/13
11797	08/03/2016	Beth Rodriguez, LLC	96.15	July 2016 Marketing Consulting
11798	08/03/2016	Bonewitz LLC	362.50	Project Management for close out at Kruger Clinic
11799	08/03/2016	Budget Key and Security	383.25	50 Electronic Key Cards for VCWC
11800	08/03/2016	Consolidated Landscape Maintenance, Inc.	438.11	August 2016 Landscaping Maintenance
11801	08/03/2016	Puget Sound Energy	50.32	Natural Gas
11802	08/03/2016	Snohomish County PUD	1,077.67	Electricity
11803	08/03/2016	Sound Publishing, Inc.	39.20	Legal Notice 7/27 Board Meeting
11804	08/03/2016	Waste Management	222.46	Garbage/Recycle
11805	08/03/2016	Enduris	35,129.00	Insurance 9/1/16-8/31/17
11806	08/03/2016	Comcast	272.04	Telephone/Internet
11807	08/03/2016	Corporate Security LLC	284.00	August 2016 Parking Lot Security
11808	08/03/2016	McKinstry Co., LLC	1,646.45	August 2016 HVAC Maintenance Contract VCWC
11809	08/10/2016	Armstrong Services	1,100.00	July 2016 Janitorial
11810	08/10/2016	Ash Consulting	859.50	Accounting Consulting
11811	08/10/2016	City of Lynnwood	910.50	Jul 2016 After Hours Support (58 hrs)
11812	08/10/2016	Comcast	521.57	Telephone/Internet
11813	08/10/2016	Sound Dietitians	886.46	WC 129 - Instructor reimbursement
11814	08/10/2016	Healthcare Realty	7,761.12	Property Management
11815	08/10/2016	Dataworks	758.31	IT Support
11817	08/17/2016	AmeriFlex Business Solutions	23.00	August 2016 FSA Administration
11818	08/17/2016	SCB NAACP	1,000.00	Program - Snoh Co Ubuntu Expose 8-20-16
11816	08/17/2016	Staples Mass Adams Cost Banart	140.39	Supplies
11826 11827	08/24/2016 08/24/2016	Moss Adams - Cost Report Principal	495.00 1,481.32	2008 CPE revision EE Life Insurance
11828	08/24/2016	Regence Blueshield	4,843.43	Sept 2016 Health Insurance
11829	08/24/2016	Seattle Food Nut	4,843.43 554.67	WC 120 - Instructor Reimbursement
11830	08/24/2016	Wells Fargo	1,811.22	Misc.
11831	08/24/2016	Electronic Business Machines	8,674.20	Canon Copy Machine Purchase
11831	08/24/2016	Snohomish County PUD	728.03	Electricity
11833	08/24/2016	Lumenal Lighting	519.66	Replace lights in Cedar Room
11834	08/31/2016	City of Lynnwood - Utilities	492.35	Water/Sewer
11840	08/31/2016	Consolidated Landscape Maintenance, Inc.	438.11	Sept 2016 Landscaping Maintenance
11839	08/31/2016	Dataworks	178.43	IT Support
11838	08/31/2016	Electronic Business Machines	1,211.62	Copy Costs
11837	08/31/2016	Puget Sound Energy	51.19	Natural Gas
11836	08/31/2016	Sound Publishing, Inc.	39.20	Legal Notice 8/21 Board Meeting
11835	08/31/2016	Waste Management	221.76	Garbage/Recycle
11033	00/31/2010	Total Warrants	75,827.19	our bugger received
	••	-	, <u> </u>	
Kruger Clinic Acti	-			
580-593	Aug 2016	Various Claimants/Vendors	19,980.85	Administered by Healthcare Realty

Warrant Number	Transaction Date	Payee	Amount	Purpose
Workers Compe	nsation Claims Ac	tivity:		
305323-324	Aug 2016	Various Claimants/Vendors	1,258.74	Administered by Eberle Vivian
Wire/ACH Activi	ity:			
	8/5/2016	Payroll	18,183.28	ACH payroll transfer
	8/5/2016	Department of Treasury	6,830.44	Payroll taxes for 7/2/16 pay period ending
	8/5/2016	Valic	3,009.02	Payroll 401(a)/457 Deposit
	8/5/2016	Paychex	100.18	Fee for payroll processing
	8/19/2016	Payroll	18,155.78	ACH payroll transfer
	8/19/2016	Department of Treasury	6,823.48	Payroll taxes for 7/16/16 pay period ending
	8/19/2016	Valic	3,012.72	Payroll 401(a)/457 Deposit
	8/19/2016	Paychex	97.68	Fee for payroll processing
	8/10/2016	Wells Fargo Merchant Services	70.00	Merchant Services
	8/11/2016	Wells Fargo	36.31	Bank Fees
	8/15/2016	Mary Porter, RDN	630.00	Program Payment
	8/15/2016	Alpha Supported Living Services	5,416.67	Program Payment
	8/15/2016	Alzheimer's Association Western & Central	7,209.16	Program Payment
	8/15/2016	Boys & Girls Club of Snohomish County	12,833.33	Program Payment
	8/15/2016	CampFire	4,166.67	Program Payment
	8/15/2016	Cascade Bicycle Club Education Foundation	2,666.67	Program Payment
	8/15/2016	Center for Human Services	13,750.00	Program Payment
	8/15/2016	ChildStrive	23,333.33	Program Payment
	8/15/2016	City of Lynnwood	6,144.08	Program Payment
	8/15/2016	Community Health Center of Snohomish Co	25,000.00	Program Payment
	8/15/2016	Domestic Violence Services Snohomish Co	1,855.50	Program Payment
	8/15/2016	Edmonds Community College Foundation	4,396.33	Program Payment
	8/15/2016	Edmonds School District No. 15	68,533.25	Program Payment
	8/15/2016	Edmonds Senior Center	9,166.67	Program Payment
	8/15/2016	Kindering	7,500.00	Program Payment
	8/15/2016	Korean Women's Association	5,000.00	Program Payment
	8/15/2016	Lutheran Community Services NW	7,837.58	Program Payment
	8/15/2016	Medical Teams International	5,500.00	Program Payment
	8/15/2016	PEPS	2,987.50	Program Payment
	8/15/2016	Project Access Northwest	7,500.00	Program Payment
	8/15/2016	Puget Sound Kidney Centers Foundation	25,911.11	Program Payment
	8/15/2016	Puget Sound Kidney Centers Foundation	4,166.67	Program Payment
	8/15/2016	Senior Services of Snohomish County	57,936.67	Program Payment
	8/15/2016	Snohomish County Fire District 1	28,666.67	Program Payment
	8/15/2016 8/15/2016	Snohomish County Music Project Therapeutic Health Services	2,416.67 16,666.67	Program Payment
	8/15/2016	Volunteers of America Western WA		Program Payment
	8/15/2016	Wonderland Development Center	6,362.92 11,250.00	Program Payment Program Payment
	8/15/2016	YWCA of Seattle, King and Snohomish Co	2,083.33	Program Payment Program Payment
	8/15/2016	Brain Injury Association of WA	8,750.00	Program Payment
	8/15/2016	Compass Health	18,572.50	Program Payment
	0/13/2010	Compass ricaltii	16,372.30	riogiam rayment

Warrant Number	Transaction Date	Payee	Amount	Purpose	
Wire/ACH Activit	ty:				
	8/1/2016	AmeriFlex Business Solutions	15.00	FSA Payments	
	8/1/2016	AmeriFlex Business Solutions	97.28	FSA Payments	
	8/4/2016	AmeriFlex Business Solutions	339.80	FSA Payments	
	8/7/2016	AmeriFlex Business Solutions	193.46	FSA Payments	
	8/9/2016	AmeriFlex Business Solutions	25.64	FSA Payments	
	8/10/2016	AmeriFlex Business Solutions	35.00	FSA Payments	
	8/15/2016	AmeriFlex Business Solutions	15.00	FSA Payments	
	8/22/2016	AmeriFlex Business Solutions	31.13	FSA Payments	
	8/23/2016	AmeriFlex Business Solutions	193.46	FSA Payments	
	8/24/2016	AmeriFlex Business Solutions	45.47	FSA Payments	
	8/25/2016	WA Department of Revenue	781.54	B&O tax	
	8/9/2016	Swedish Edmonds	121,425.00	KC Ste 240 Tenant Improvement	
		Total Wires/ACH Transactions	583,726.62		
		Total Disbursements	\$ 680,793.40		
	Transaction				
	Date	Payer	Amount	Purpose	
Deposits:					
	8/1/2016	Swedish/Edmonds	759,821.19	Monthly leases	
	8/1/2016	Value Village	25,490.56	Monthly lease	
	8/3/2016	Brian Takagi, MD	84.63	Kruger Clinic monthly lease	
	8/1/2016	Puget Sound Gastro	27,233.44	Kruger Clinic monthly lease	
	8/1/2016	Kean Lawlor	19,729.94	Kruger Clinic monthly lease	
	8/1/2016	Raymond Liu, D.D.S.	3,487.73	Kruger Clinic monthly lease	
	8/1/2016	Swedish/Edmonds	385.00		
	8/10/2016	Snohomish County	7,920.84	Levy	
	8/27/2016	Healthcare Realty Services, Inc.	4,663.72	Monthly ground lease	
	8/4/2016	Shannon Towing	30.00	Misc Income Sale of Jump Box	
	8/7/2016	Carl Zapora	66.22	Reimbursement for Uber	
	8/16/2016		150.00	Reimbursement for Error	
	-,,	Ameriflex Business Solutions	130.00	Reimbursement for Error	
	8/30/2016	Ameriflex Business Solutions Raymond Liu, D.D.S.	3,487.73	September Kruger Clinic monthly lease	
	8/30/2016	Raymond Liu, D.D.S.	3,487.73	September Kruger Clinic monthly lease	

VERDANT HEALTH COMMISSION PUBLIC HOSPITAL DISTRICT #2 SNOHOMISH COUNTY, WASHINGTON

WARRANT APPROVAL

We, the undersigned Board of Commissioners of Public Hospital District #2 of Snohomish County, Washington, do hereby certify that the merchandise or services hereinafter specified have been received and that Warrant Numbers $\underline{11796}$ through $\underline{11835}$ have been issued for payment in the amount of $\underline{\$75,827.19}$. These warrants are hereby approved.

Attest:					
Lisa M. King		Commiss	ioner		
	-	Commiss	ioner		
	_	Commiss	ioner		
	-	Commissioner			
	-	Commiss	ioner		
Warrants Processed:	8-1-16 – 8-31-16		\$75,827.19		
Work Comp Claims Pd:	8-1-16 — 8-31-16		1,258.74		
Kruger Clinic Processed:	8-1-16 — 8-31-16		19,980.85		
Payroll:	6-19-16 – 7-2-16 7-3-16 – 7-16-16	18,183.28 <u>18,155.78</u>			
			36,339.06		
Electronic Payments:	Payroll Taxes Paychex Valic Retirement AmeriFlex FSA Bank Fees WA State Dept Revenue Swedish Edmonds Tenant Improvement Program Expenditures	13,653.92 197.86 6,021.74 991.24 106.31 781.54 121,425.00 404,209.95	<u>547,387.36</u>		
	Grand Total		\$680 793 40		

PUBLIC HOSPITAL DISTRICT NO. 2 SNOHOMISH COUNTY, WASHINGTON

RESOLUTION NO. 2016-05

A RESOLUTION of the Commission of Public Hospital District No. 2, Snohomish County, Washington, determining certain personal property to be surplus and no longer required for public hospital district purposes of the District and authorizing the Superintendent or his designee to sell all or any part of such property on a negotiated basis upon the most favorable terms and conditions obtainable or to otherwise dispose of such property, and ratifying prior actions.

WHEREAS, certain personal property of the District is no longer required for District purposes and the Commission wishes to dispose of such property in a lawful manner as promptly as reasonably possible; NOW, THEREFORE,

BE IT RESOLVED BY THE COMMISSION OF PUBLIC HOSPITAL DISTRICT NO 2, SNOHOMISH COUNTY, WASHINGTON, as follows:

Section 1. It is hereby found, determined and declared that all of the personal property identified on Exhibit A hereto is no longer required for public hospital district purposes and such property therefore is surplus. It is further found and declared to be in the best interest of the District that such property (the "Surplus Property") be disposed of promptly as hereinafter provided.

Section 2. The Superintendent or his designee is hereby authorized and directed to sell on a negotiated basis upon the most favorable terms and conditions obtainable all or any part of the Surplus Property as soon as reasonably possible. Any Surplus Property not thus sold shall be disposed of and removed from the premises of Swedish Edmonds Hospital at the direction of the Superintendent or his designee at the least possible cost to the District.

ADOPTED AND APPROVED by the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, at an open public meeting thereof, this 28th day of September, 2016, the following commissioners being present and voting in favor of the resolution.

President and Commissioner							
Commissioner							
Commissioner							
Commissioner							
Secretary and Commissioner							

CERTIFICATE

I, Deana Knutsen, Secretary to the Board of Commissioners of Public Hospital District No. 2, Snohomish County, Washington, certify that the attached copy of Resolution No. 2016-05 is a true and correct copy of the original resolution adopted on September 28, 2016, as that resolution appears on the Minute Book of the District.

DATED this 28th day of September, 2016.

Deana Knutsen Secretary to the Board of Commissioners

CLASS	NUM	DEPT	DESCRIP	QTY	ACQDT	LIFE (Months)	соѕт	NBV 9/30/2016	Disposal Date
05	2038039	7142	CATH LAB PROJECT - ANGIO L	1	2/1/2003	23	11,782.73	-	9/30/2016
05	2038039		CATH LAB PROJECT - ANGIO L	1	1/1/2005	277	98,872.46	48,543.92	9/30/2016
05	8911101	7112	ULTRASOUND ACUSON X300 SYS	1	12/1/2008	60	52,816.54	-	9/30/2016
							163,471.73	48,543.92	

September 2016 Program Summary

- 1. Four new applications for funding
- 2. Building Healthy Community Fund Discussion & Decision
- 3. Review Lutheran Community Services NW Health Outreach Program

1. New/Renewal Applications

A. VaxPoint LLC d/b/a Seattle VNA (organization transitioned to a for-profit LLC): Flu Vaccine Program: a community flu/TDAP vaccination program offered in South Snohomish County. Clinics are organized at community locations like food banks, Worksource centers, libraries, and the Edmonds Community College. When available, insurance is billed and Verdant pays for the cost of vaccines for individuals who do not present an insurance card.

The program committee is recommending funding the request for another flu season, to be paid on a per vaccine basis up to \$50,000.

B. Edmonds Boys & Girls Club – Healthy Habits: a renewal and expansion request for an afterschool activity and nutrition program that includes intramural sports/activities and cooking programs at 8 different locations. The program is offered at schools and B&G club sites at no cost to participants. The program has exceeded participation levels and done a good job of engaging families in events. The program tracks improvement in fitness levels as a result of participating in the program. In the most recent year, the program served 1,135 individuals.

The applicant requested an increase funding from \$154,000 per year to \$246,235 per year (a 59% increase) for three years to add two new sites and expand nutrition education. **The program committee** is recommending fully funding the request at \$246,235 for two years.

C. Kindering – Early Intervention Program/ABA Therapy Program: a renewal request to support a program that includes physical, speech, occupational, feeding, mental health and other therapies for children with delays and disabilities. The program has more than doubled its goal for service numbers, serving 127 in their first year compared to a goal of 54 families. The program tracks outcomes in developmental areas using objective measurements.

Kindering initially applied to renew funding to expand its general early intervention program. At Verdant's request, Kindering has reworked their proposal to add services for 70 children and adults through deepened Applied Behavior Analysis and parent education/support. Expanded services would include: 1. Medical evaluations and Applied Behavior Analysis therapies for infants and children with Autism Spectrum Disorders; 2. a 10-week parenting class; 3. a Speaker Series parent education program; and 4. Unexpected Journey, which is a parent group for parents raising a child with special needs.

The program committee is recommending fully funding the request at \$138,206 per year for two more years.

D. Edmonds School District/Alderwood Middle School – Equipping Students to Thrive: a reworked request at Alderwood Middle School designed to build resiliency and support middle school youth. The goal of the project would be to pilot interventions around Adverse Childhood Experience (ACEs) with the goal of reducing school discipline problems, improving attendance, and increasing access to therapeutic and behavioral health services. The applicant has reworked its proposal and included district resources—Verdant would pay for 0.3 FTE and some direct program costs, and the school district would cover 0.7 FTE.

The program committee is recommending funding the project as a pilot at \$50,000 per year for two years.

Building Healthy Community Fund

Purpose of Building Healthy Community Fund

- 1. Projects that increase opportunities for residents to live active and healthy lives, or
- 2. Projects that significantly increase the capacity/service level in high-need areas such as behavioral health, dental, access to healthcare or health & wellness services for seniors.

The program committee would rank the projects as follows, with the VOAWW/Trinity project as first, Sea Mar as second, and the Edmonds Senior Center as third.

	Strengths	Weaknesses
#1. VOAWW/Trinity Lutheran Project (\$1.5M request)	 Community need in immediate neighborhood Comprehensive programs from youth through seniors 	 Less direct connection of funding to health programs vs. facility Least defined fundraising path to completion
#2. Sea Mar Community Health Center (\$1.0M request)	 Direct connection to specific health programs and outcomes Clear need for Medical/Dental/Behavioral Health Access Would begin construction soonest 	Collaboration with other providers (ex. CHC of Snohomish County) not clear
#3. Edmonds Senior Center (\$1.75M request)	 Specific evidence-based health programs Regional scale and broad community support Current site obsolete and new facility would increase capacity Scheduled to break ground in 2017 	 Verdant already funds operating expenses for some of these programs Less direct connection of funding to health programs vs. facility Facility not central to district

Funding Options

- Full, partial or zero funding for projects
- Could make commitments contingent on milestones or tasks (ex. HRSA approval of clinic site, reach 80% of fundraising goal)

	Request
VOA/Trinity Project	\$ 1.50M
Sea Mar CHC	\$ 1.00M
Edmonds Senior Center	\$ 1.75M
Total	\$ 4.25M

2017	2018	2019	Total
			\$ -
			\$ -
			\$ -
\$ -	\$ -	\$ -	\$ -

	Edmonds Senior Center	Verdant Funded Programs for Seniors	South Snohomish County Providers
Fitness/Exercise	Enhance Fitness, Gentle Yoga, Tai Chi, Meditation, Parkinson's Movement/Dance, Step Out Edmonds Walking Program Goal to increase fitness program participation from 8,200 to 17,908 by year 3 of new building	N/A	Lynnwood Senior Center, Senior Services Center for Healthy Living, Mountlake Terrace Senior Center, Parks & Recreation, etc. offer movement and fitness programs for seniors.
Healthy Living Workshops	Living Well with Chronic Diseases Medicare Information, Senior Resources	Senior Services Center for Healthy Living Korean Women's Association Multicultural Programs	Senior Services of Snohomish County, including Center for Healthy Living and other health providers.
Health & Personal Care	Bastyr Clinic, Enhance Wellness Program, Dental care, Foot, Hearing and other health services Ex. goal to increase health screenings from 360 to 1,000.	Enhance Wellness Medical Teams International Senior Services Center for Healthy Living for geriatric dental	Enhance Wellness and Bastyr Program are unique. Other organizations provide health screenings. More direct care programs like dental, foot, hearing services are very limited for lower-income individuals.
Counseling & Support	PEARLS in home depression counseling Early stage memory support, Parkinson's Support Group, Statewide Health Insurance Benefit Advisors (SHIBA), Diabetes Support Groups	Stop Diabetes Support Group, Chronic Disease Self-Management through Senior Services, Dance for Parkinson's	PEARLS is unique. Senior Services of Snohomish County, including Center for Healthy Living offer mental health screenings and support for seniors, including chronic disease selfmanagement.

	VOAWW South Snohomish County Community Center	Verdant Funded Programs	South Snohomish County Providers
Community	 Center Director partners w/Verdant, city/regional leaders, and nonprofits Community Resource Navigator provides information on resources available in the center, and mental health and substance use disorder triage of walkup clients 	2-1-1 Community Resource Advocate at Verdant Community Wellness Center	2-1-1 Community Resource Advocate at Verdant Community Wellness Center. VOAWW would host Connected Communities meetings
Youth of All Ages	 Nutritious Meals Daily before and after school program Instruction in proper nutrition and healthy lifestyle choices Gender specific initiatives (SMART Girls and Passport to Manhood) Educational enrichment programs Summer learning programs Role Models 60 min. of Daily Physical Activity Drug and alcohol use prevention Sports programs, Summer Day Camp Physician referral of obese/overweight youth Nutrition support and cooking as a family 	Youth Physical Activity: Boys & Girls Club Healthy Habits, Move 60! None for Academic Support, mentoring	Boys & Girls Club (Edmonds & Alderwood), Campfire, Parks & Recreation, others. Service gap between existing clubs (Edmonds Bowl and on the east side of I-5) Proposed location is amid 4 elementary schools at 78.1, 76.3, 51.8 & 49.1 percent of student populations that qualify for Free or Reduced Price Meals Dale Turner YMCA (Diabetes Prevention)
At-risk Teens	 Diabetes prevention Nutritious Meals Behavioral Health Academic Support (to include assistance in keeping up for suspended students) Assistance for parents who need help w/resources Youth homelessness prevention seminars for parents of at-risk teens Life Skills Training 	Youth Counseling & Support Programs through School District, Center for Human Services, Therapeutic Health Services, soon to begin funding Cocoon House. None for Life Skills, Employment, or Academic	School District Programs, mental health/counseling providers. Center for Human Services Workforce Development Center Cocoon House for homelessness prevention

Families	_	Caregiver Support	Sponsorship of health fairs.	
	_	Latino Health Fair (Blood pressure, cooking,	Access to Medical & Dental	LCSNW Family Support Center
		yoga, information and education, access to	Services through PSCC mobile	
		health care insurance, flu shots)	medical and dental clinic,	
	_	Seminars on Stress Impact to help	Medical Teams International	
		separating/divorced parents understand the	mobile dental.	
		impact of divorce stress on children		
	_	Access to Dental Van	LCSNW Outreach Program for	
	_	Resources and Support	Diverse Community	
			Members.	
Individuals	_	Caregiver Support		Not a comparable adult day health/respite
with	_	Adult Day Care		program in district.
Intellectual /	_	Meaningful Activities (companionship, cooking,		
Developmental		walks, music, art, etc.)		Work Opportunities offers sheltered
Disabilities	_	Nutritious Meals		employment.
	-	Education & Peer Support for Caregivers		
Seniors with	_	Caregiver Support	Senior Services Center for	Not a comparable adult day health/respite
Memory	_	Adult Day Care	Healthy Living and KWA	program in district.
Impairment	_	Meaningful Activities (companionship, cooking,	education & support	
		neighborhood walks, music, art, etc.)	programs.	Senior Centers & Senior Services of
	_	Nutritious Meals		Snohomish County offers support groups,
	_	Education & Peer Support for Caregivers	Senior Services Center for	education and meal programs.
	-	Education on Health and Wellbeing topics for	Healthy education & chronic	
		Asian American women seniors	disease management	KWA capacity limited at Verdant
			programs	

	Sea Mar	Verdant Funded Programs	South Snohomish County Providers
Medical	Primary Medical Care: 4FTE primary providers serving estimated 5,500 medical patients per year	Mobile Medical Clinic through PSCC for low-income/uninsured	CHC of Snohomish County Edmonds Clinic & Lynnwood Walk-In Clinic Other primary medical providers that accept Medicaid
Dental	2 FTE Dental Providers estimated to see 3,400 patients annually.	PSCC Dental Clinic, CHC Dental Program (recently ended), Medical Teams International Mobile Clinic, Project Access NW	CHC of Snohomish County Edmonds Clinic & Lynnwood Walk-In Clinic, Verdant-funded programs at left Few Private dentists accept Medicaid for adults
Behavioral Health Services	12 FTE behavioral health providers (currently staffed in Lynnwood) New: 4 FTE Child and Family Services	Youth Counseling & Support Programs through School District, Center for Human Services, iPASS, Therapeutic Health Services, YWCA and PSCC Counseling Programs, soon to begin funding Cocoon House. Compass Health Community Paramedic Behavioral Health Team	Compass Health, Sunrise Services, Center for Human Services, Verdant Funded Programs.

Funded Program Challenges

Lutheran Community Services NW: Health Outreach for Underserved Communities

- Program has struggled with staffing turnover—worked through 3 program managers and several parttime staff.
- We had previously suspended payments for several months during a staff transition.
- Program pays for 2.5 FTE (\$94,051 per year) and program payments run through October 2017.

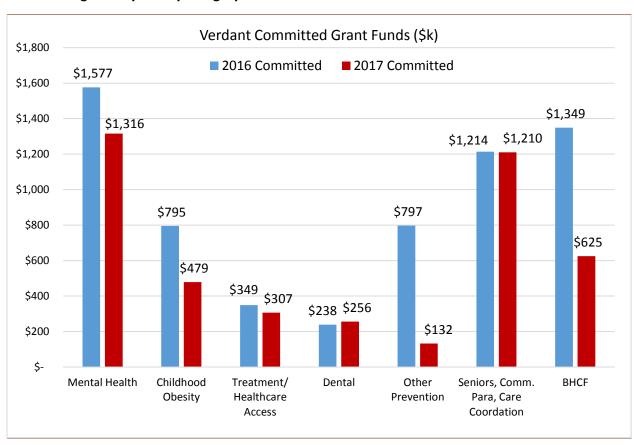
Recommendation: Terminate program funding at this time

- Results to date mostly include promoting Verdant-funded efforts and resources like the dental van and mobile medical. Health fair referral counts were not the intent of grant program.
- Program does not appear to have capacity to train and support community health workers in South Snohomish County at this time. LSCNW would like to pilot a new focus on colorectal cancer screening, which is a new direction for the program. Over the past year the focus has changed several times (ex. English-speaking CHW, Community Garden) with little progress.

Program Payouts from Building Healthy Communities Fund (BHCF)

Project Name	2014	2015	2016	2017
Woodway Recreation Campus Renovation	\$625,000	\$625,000	\$625,000	\$625,000
Bike2Health	\$470,000	\$706,000	\$724,000	
City of Brier Walking Path	\$90,345			
City of Edmonds Exercise Program	\$39,513			
Total Payments	\$1,224,858	\$1,331,000	\$1,349,000	\$625,000

Verdant Program Payouts By Category



Program Payout Schedule as of August 2016

	А	В		С
		Budget 2016		Budget 2017
7100 .	. Grants			
Co	ommitted			
	Center for Human Services Counseling	\$ 165,000	\$	165,000
	CHC Behavioral Health Integration	\$ 300,000	\$	25,000
	ChildStrive Nurse Family Partnership	\$ 280,000	\$	280,000
	Domestic Violence Services Teen Prevention	\$ 22,266	\$	22,266
	Edmonds Community College Veteran's Support	\$ 52,756	\$	30,774
	Edmonds Schools Student Support Advocate	\$ 310,586	\$	395,000
	PSCC Mental Health Counseling Program	\$ 25,000	\$	25,000
	Snohomish County Music Project	\$ 26,583		
	Therapeutic Health Services Youth Behavioral	\$ 200,000	\$	100,000
	YWCA Children's Domestic Violence	\$ 25,000	\$	25,000
	YWCA Mental Health Counseling	\$ 25,000	\$	25,000
	Boys & Girls Club Healthy Habits	\$ 102,667		
	Compass Health CPIT Program	\$ 144,435	\$	222,870
	Campfire	\$ 50,000	\$	50,000
	City of Lynnwood Move 60: Teens!	\$ 73,729	\$	73,729
	Edmonds School District Move 60!	\$ 518,637	\$	354,857
	Snohomish County Health Leadership Coalition	\$ 50,000		· · · · · · · · · · · · · · · · · · ·
	LCSNW Health Access for Underserved	\$ 94,051	\$	70,538
	Prescription Drug Assistance Program	\$ 50,000	\$	50,000
	Project Access Northwest	\$ 90,000	\$	90,000
	PSCC Mobile Medical Clinic	\$ 102,600	\$	96,000
	CHC of Snohomish County Dental Program	\$ 62,500	'	,
	MTI Mobile Dental Program	\$ 66,000	\$	66,000
	PSCC Dental Clinic	\$ 110,000	\$	190,000
	3rd Grade Swim Lessons	\$ 50,000	\$	50,000
	Alzheimer's Association	\$ 86,510	τ	20,000
	American Red Cross CPR Training	\$ 7,500		
	Brain Injury Alliance Support Program	\$ 42,500	\$	30,000
	Cascade Bicycling Club Advanced Basics	\$ 32,000	\$	32,000
	City of Lynnwood Fire Mobile Integrated Care	\$ (58,355)	۲	32,000
	Community Paramedic	\$ 344,000	\$	344,000
	FD1/OMF Veteran's Project	\$ 44,620	\$	89,240
	Korean Women's Association Everyday Prevention	\$ 60,000	\$	60,000
	EdCC Student Health & Wellness Program	\$ 29,847	7	00,000
	Edmonds Senior Center Enhanced Wellness	\$ 110,000	\$	82,500
	Kindering Early Intervention	\$ 67,500	۲	62,300
	MRC Training Program	\$ 10,100		
	PEPS	\$ 35,850		
		\$		
	Puget Sound Kidney Center	\$ 45,833		
	Seattle Visiting Nurses Flu Vaccines	28,585	Ċ	624.040
	Senior Services Center for Healthy Living	\$ 560,240	\$	634,040
	Senior Services Care Coordination	\$ 135,000		
	Alpha Supported Living (formerly Smithwright)	\$ 65,000		

Program Payout Schedule as of August 2016

	1		1	
American Diabetes Association	\$	25,000	\$	15,000
Wonderland Development Center	\$	90,000		
American Red Cross Family Fire Prevention	\$	5,000	\$	5,000
Total Committed	\$	4,763,540	\$	3,698,815
Not Committed (Available to Spend)	\$	1,223,814	\$	-
Total Grants	\$	5,987,354	\$	3,698,815
7300 . Internal Programs				
Committed				
Verdant Healthier Community Conference (Budget)	\$	50,000		
Needs Assessment and Evaluation (Budget)	\$	20,000		
VCWC Programs	\$	86,564		
VOAWW 211 Community Resource Advocate	\$	78,646		
Total Committed	\$	235,210	\$	-
Not Committed (Available to Spend)	\$	18,436	\$	_
Total Internal Programs	\$	253,646	\$	-
7200 . Discretionary				
Committed				
Edmonds Community College ASEdCC Food Choice Goal Committee	\$	613		
Edmonds Senior Center CAFÉ Project	\$	5,000		
City of Edmonds Health & Fitness Expo	\$	2,000		
Washington Alliance for Better Schools Showcase of Success	\$	500		
Edmonds Senior Center 2016 Improve Your Life Health Fair	\$	1,000		
Cedar Way PTO 5k	\$	300		
Edmonds Chamber 5k	\$	2,500		
Total Committed	\$	11,913	\$	-
Not Committed (Available to Spend)	\$	38,087	\$	-
Total Discretionary Programs	\$	50,000	\$	-
7500 . Building Healthy Communities Fund				
Committed				
Woodway Recreation Campus Renovation	\$	625,000	\$	625,000
Bike2Health	\$	724,000	7	023,000
Total Committed	\$	1,349,000	\$	625,000
Not Committed (Available to Spend)	\$	1,349,000	\$	023,000
Total BHCF Programs	\$	1,349,000	\$	625,000
Total BHCF Programs	Ş	1,349,000	Ş	625,000
7400 . One time Events				
Committed				
Back to School Health Fair	\$	12,000		
Hope Heart Institute	\$	5,000		
Edmonds School Foundation Summer Meals	\$	8,400		
LETI Latino Expo	\$	5,000		
Total Committed	\$	30,400	\$	-
Not Committed (Available to Spend)	\$	29,600	\$	-
Total One Time Events Programs	\$	60,000	\$	_
		00,000		
TOTAL	\$	7,700,000	\$	4,323,815

Verdant Community Wellness Center Summary September 2016

Completed Programs

1.	L. General Community and Provider Events						
	1.	Volunteer Management for Non-profits (8/23)	25				
	2.	Early Achievers Strengthening Families Training (8/27)	10				
	3.	Edmonds School District Deaf & Hard of Hearing Staff Meeting (8/29)	16				
	4.	Edm. Sch. Dist. Maplewood Ctr. Student Support Planning Mtg. (8/31)	45				
	5.	Korean Women's Association: Everyday Fall Prevention and Yoga (9/1)*	50				
	6.	ARC Mothers of Children with Disabilities Monthly Support Group (9/3)	16				
	7.	SHIBA Monthly Update Meeting (9/6)	25				
	8.	Little Wonders Support for Parents of Special Needs Infants (9/6)*	10				
	9.	Spanish Language Community Dialogue Session (9/13)	12				
	10.	Verdant Resource Connectors Quarterly Meeting (9/13)	35				
	11.	Girls on the Run Coach Training (9/13, 15)	26				
	12.	Lunch with Leaders (9/14)	20				
	13.	Evergreen Home Health (9/14, 20)	50				
	14.	Verdant Promotora/Community Health Worker Training (9/16 – 11/4)*	18				
	15.	Understanding Medicare Monthly Workshops (9/16)	16				
	16.	Medical Reserve Corps CPR, First Aid and NIMS Training (9/17)*	6				
	17.	Ongoing – Community Support for Prescription Assistance (weekly)*	varies				

2.	Nut	rition and Healthy Behaviors	Attendance
	1.	Cooking Demo – Incorporating Seasonal Produce in Your Meals (9/22)*	16
	2.	Packing Healthy Lunches: Family Cooking Class (9/27)*	18
	3.	Surviving & Thriving with Chronic Kidney Disease (9/14 – 10/12)*	15
	4.	Stop Diabetes Initiative Workshop (9/17)*	28
	5.	Connect Type 1 Diabetes Support – Volunteer Training	25
	6.	Learn & Taste – Exploring Meatless Mondays (9/22)*	29
	7.	Lifestyle Change Check-Ins (drop – in 1 st and 3 rd Tuesdays)*	12-18
	8.	Getting to Goal Program (Weight Management Consultations)*	10-12 clients

3.	Be	havioral Health & Substance Use	Attendance
	1.	YWCA Mindfulness Training (7/13 – 8/31)*	6-8
	2.	Brain Health and Wellness Classes (8/23,24,30,31 and 9/7, 12, 14, 19, 20)*	2-6
	3.	Snohomish County Caregiver and Kinship Support Groups (9/1, 15, 20)	varies
	4.	Foster Parent Seminar (9/3, 10, 24 and 10/1)	18
	5.	National Alliance on Mental Illness "Connections" Support Group (9/8, 22)	6-10
	6.	Cocoon House Way OUT Parent/Teen Seminar (9/10, 24)	26
	7.	Hoarding Task Force (9/12)	8
	8.	Evergreen Bereavement Informational Workshop (9/14)	varies
	9.	YWCA Managing Difficult Emotions Support Group (9/19 – 11/7)*	8-10
	10.	Adult Children of Alcoholics Weekly Support Group (ongoing)	6-12
	11.	. Veterans Drop-In Support (weekly - City of Lynnwood & monthly - County)	varies

4.	Other Programs	Attendance
	1. Play and Learn Group, Wonderland Development Center (weekly)*	25-30

Verdant Community Wellness Center Summary September 2016

Upcoming Programs

A. General Community and Provider Events

- 1. Verdant Promotora/Community Health Worker Training (September 16 November 4)*
- 2. Basic Food Forum (September 26)
- 3. Swedish-Edmonds Focus Groups (September 26, 29)
- 4. Advanced Care Planning Open House (September 29)*
- 5. ARC Mothers of Children with Disabilities Monthly Support Network (October 1)
- 6. SHIBA Monthly Update Meeting (October 4)
- 7. Korean Women's Association: Everyday Food and Medical Benefits (October 6)*
- 8. Evergreen Home Health (October 12, 18)
- 9. DSHS Overview Training for Social Service Providers (October 12)
- 10. Verdant Partner Roundtable (October 14)
- 11. Snohomish County Association for the Education of Young Children Provider Training (October 15)
- 12. Early Achievers Strengthening Families Training (October 15)
- 13. United Way Working Better Together Steering Committee (October 19)
- 14. Understanding Medicare Monthly Workshops (October 21)

B. Nutrition and Healthy Behaviors

- 1. Surviving & Thriving with Chronic Kidney Disease (September 14 October 12)*
- 2. Caregiver Cooking Class (September 27)
- 3. Fall Harvest Cooking Demo (September 29)*
- 4. Move More, Sit Less & Jump Start Your Fitness (October 6 November 10)*
- 5. Stop Diabetes Initiative Workshop (October 8)*
- 6. Parent Workshop: Nutrition for Young Children Ages 2-5 (October 12)*
- 7. Getting to Goal Weight Reduction Class (October 18)*
- 8. Parent Workshop: Nutrition for Young Children Ages 5-11 (October 19)*
- 9. CHC Cooking Class for Diabetes Patients (October 21)
- 10. Spanish Language Nutrition for Better Blood Sugar Control (October 22)*
- 11. Parent Workshop: Nutrition for Growing Teens Ages 12+ (October 26)*
- 12. Soups & Stews Cooking Demo (October 27)*
- 13. Family Cooking Class: Naturally Sweet Halloween Treats (October 29)*

C. Behavioral Health & Substance Use Focus

- 1. YWCA Managing Difficult Emotions Support Group (September 19 November 7)*
- 2. Brain Health and Wellness Classes (October 3, 10, 17, 24, 31)*
- 3. Yoga: Mind, Movement and Meditation (October 3, 10, 17)*
- 4. Foster Parent Caregiver Core Training Series (October 3 November 28)
- 5. Snohomish County Caregiver and Kinship Caregiver Support Groups (October 6, 18, 20)
- 6. WRAPS Recovery Training for Providers (October 11)
- 7. Evergreen Bereavement Informational Workshop (October 12)
- 8. YWCA Anxiety & Depression Support Group (October 12 November 30)*
- 9. Spanish Language Dementia & Alzheimers (October 13)*
- 10. National Alliance on Mental Illness "Connections" Support Group (October 13, 27)
- 11. YWCA Building Family Strengths Parenting Class (October 18 December 6)*
- 12. Spanish Language Cocoon House Way OUT Parenting Seminar (October 29, November 5)

September 2016 Marketing Report

The Canopy

- The Fall 2016 Canopy newsletter will be mailed to homes and businesses (approx. 78,000 copies) the week of October 10.
- It includes falls prevention screening opportunities, the veterans resource center information, a save the date for the Verdant Healthier Community Conference, program features, class and event listings at the Verdant Community Wellness Center, and more.